

THE
PRACTICE
OF
DIVINE LOVE
REVISED:
BEING AN
EXPOSITION
OF THE
CHURCH-CATECHISM.

By the Right Reverend Father in GOD,
THOMAS KENN, D. D.

Composed for the Diocese of BATH and WELLS.

To which are added,
DIRECTIONS for PRAYER.



L O N D O N :

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TO THE

INHABITANTS within the
Diocese of *Bath and Wells*,
THOMAS, their un-
worthy Bishop, wisheth the
Knowledge and the Love
of God.

Dearlly Beloved in our Lord,

THE Church has provided this
short Catechism, or Instruction,
to be learned of every Person,
before he be brought to be
confirmed by the Bishop, *wherein she*
teaches all Things that a Christian ought
to know and believe for his Soul's Health;
and she has enjoined all

Fathers and Mothers, See the Ru-
brick after the
Masters and Dames, to Catechism.
cause their Children, and

Servants, and 'Prentices, to come to the
Church at the Time appointed, and
obediently to hear, and be ordered

The EPISTLE Dedicatory.

by the Curate, until such time as they have learned all that is here appointed to be learned.

How seasonable and necessary this Injunction is, in these Days, our woeful Experience does sufficiently convince us, when we reflect on the gross Ignorance and Irreligion of Persons in those Places where Catechizing is neglected, which all sober Christians do sadly deplore.

Since then the Providence of God, who is wont to glorify his Strength in the Weakness of the Instruments he uses, has caught me up from among the meanest Herdmen (Amos i. 1.) into the pastoral Throne, and has been pleased to commit you to my Care; the Love I ought to pay to the chief Shepherd, obliges me to feed all his Lambs and his Sheep, (John xxi. 15, 16.) that belong to my Flock; and, according to my poor Abilities, to teach them the Knowledge and the Love of God, and how they may make them both their daily Study and Practice.

*One Thing only I most heartily beg of you all, whether old or young, that ye would help me to save your own Souls;
that*

The EPISTLE Dedicatory.

that ye would learn and seriously consider, again and again, the Terms on which your Salvation is to be had.

As for you who have Families, I beseech you to instil into your Children and Servants their Duty, both by your Teaching, and your Example: In good earnest, it is less cruel and unnatural to deny them Bread for their mortal Bodies, than saving Knowledge for their immortal Souls.

Ye that are Fathers or Mothers, I exhort you to tread in the Steps of Abraham, the Father of the Faithful, and the Friend (James ii. 23.) of God, and like him, to command (Gen. xviii. 19.) your Children and Households to keep the Way of the Lord.

Ye that are Mothers or Mistresses, I exhort you to imitate that unfeigned Faith (2 Tim. i. 5.) which dwelt in young Timothy's Grandmother Lois, and his Mother Eunice, who taught him from a Child (2 Tim. iii. 15.) to know the Holy Scriptures, which were able to make him wise to Salvation; and like them, to bring up your Children and
Servants

The EPISTLE Dedicatory.

Servants in the Nurture and Admonition of the Lord, Eph. vi. 4.

I passionately exhort and beseech you all, of either Sex, never to cease your conscientious Zeal for their Instruction, till ye bring them to Confirmation; to renew their Baptismal Vow; to make open Profession of their Christianity; to discharge their Godfathers and Godmothers; to receive the solemn Benediction of the Bishop; to share in the publick Intercessions of the Church, and to partake of all the Graces of God's Holy Spirit, implored on their Behalf; that God, who has begun (Phil. i. 6.) a good Work in them, may perfect it till the Day of Christ; and that I myself at that dreadful Day, may render (Heb. xiii. 17.) an Account of you with Joy.

How much the Catechism of our Church may conduce to so desirable an End, you will in some measure judge by the following Explication, as imperfect as it is, and which, by God's gracious Assistance, I have so contrived, that at one and the same time it may both inform your
Under-

The EPISTLE *Dedicatory.*

*Understanding, and raise your Affections;
and that it might the better suit with
every one's Leisure and Infirmities, it is
penned in short Forms of Devotion, to be
used in whole, or in part; in separate
Collets or Ejaculations, or occasionally,
as your spiritual Necessities shall require.*

*God of his infinite Mercy blefs the
Whole, to his own Glory, and to your
Edification, through Jesus the Beloved.
Amen. Amen.*

THE

THE *Author* thinks himself obliged to declare, that he does now, and always did, humbly submit this *Exposition* to the Judgment of the *Church of England*, conformable to whose *Articles* he desires all good Christians to interpret it; and to prevent all Misunderstandings for the future, he has, in his revising it, made some few little Alterations, not at all varying his Meaning, but his Expressions, to render the Whole as unexceptionable as becomes a Book, not designed for Dispute, but for Devotion.

A N
E X P O S I T I O N
O F T H E
C H U R C H - C A T E C H I S M , & C .

Q U E S T I O N .

W H A T is your Name ?

A N S W E R .

N. or M.

Q. Why do you answer by that Name, rather than by your Surname ?

A. Because it is my Christian Name, and was given me when I was made a Christian, and puts me in mind both of the Happiness and Duty of a Christian.

Q. Where do you learn the The Happiness Happiness, and the Duty, of a of a Christians Christian ?

A. The very next Answer teaches me the Happiness, and all the rest of the Catechism the Duty, of a Christian.

Q. Who gave you this Name ?

A. My Godfathers and Godmothers in my Baptism, wherein I was made a Member of
B
Christ

Christ, the Child of God, and an Inheritor of the Kingdom of Heaven.

Q. Shew me from hence the Happiness of a Christian.

A. The Happiness of a good Christian is altogether unutterable ; he is one who has Christ for his Head, God for his Father, and Heaven, with all its Joys and Glories, which are all eternal, for his Inheritance.

Q. Shew me on the contrary the Condition of a bad Christian.

A. The Misery of a bad Christian is altogether insupportable ; he has Christ for his Enemy, the Devil for his Father, and Hell, with all its Miseries, and Torments, and Despair, which are all eternal, for his Doom.

The Christian's Choice. Q. Which of these Conditions do you chuse ?

A. I adore the Goodness of God, *who has set before me Life and Death, Blessing and Cursing* (Deut. xxx. 19.) ; and in great Compassion to my Soul, has bid me *chuse Life*, and with all my Heart I chuse Life, even Life eternal.

Q. Are there not many in the World that chuse Death ?

A. It is too, too visible there are ; such is the extreme Madness and Folly of obstinate Sinners, that they chuse the Service of the Devil before the Service of God, and Hell before Heaven. The Damnation of such Men is wholly from themselves (*Ezek. xxxiii. 11. Hos. xiii. 9.*) ; and having chosen Death, even Death eternal, it is most just with God to give them their Choice.

Q. Blessed

the CHURCH-CATECHISM. 3.

Q. Blessed be God, who has His Duty is Love. given you Grace to make a right Choice! Tell me what you must do to obtain that which you have chosen, Life eternal?

A. All that I am to do is reduc'd to one Word only, and that is Love; this is the first and the great Command, which comprehends all others, the proper evangelical Grace; and eternal Truth has assured me, *This do, and thou shalt live* (Luke x. 27, 28.) So that if I truly love God, I shall live beloved by God, to all Eternity.

Q. Tell me wherein the Love The Nature of of God doth consist. Love.

A. The Love of God is a Grace rather to be felt than defined, so that I can do no more than rudely describe it: It is the general Inclination and Tendency of the whole Man, of all his Heart, and Soul, and Strength, of all his Powers and Affections, and of the utmost Strength of them all, to God, as his chief, and only, and perfect, and infinite Good.

Q. Is this Love of God taught in the Catechism?

A. The Catechism, having in the Entrance of it presented to our Choice the Happiness of a Christian, does throughout all the remaining Parts of it, instruct us in the Duties of a Christian, by which that Happiness is to be attain'd; which are all summ'd up in the Love of God, which is here most methodically taught.

Q. In what Method does the The Method of Catechism teach the Love of Love. God?

A. In a Method so excellent and natural, that if by God's Help, I can but faithfully observe it, I shall not fail of the Love of God.

Q. Explain this Method to me.

A. It teaches me how the Love of God is produc'd, how practis'd, and how preserv'd.

Q. Shew me more distinctly, in what Parts of the Catechism each of these particulars is couch'd.

A. If I seriously desire the Love of God, I must first expel all contrary Loves out of my Heart, and then consider the Motives and Causes that excite it; the former is taught in the Vow of Baptism, the latter in the Creed.

When Divine Love is once produc'd, my next Care is to put it in Practice; and that is, by bringing forth the Fruits or Effects of Love, which are all contained in the Ten Commandments.

When the Love of God is produc'd in my Heart, and is set on work, my last Concern is to preserve, and ensure, and quicken it; it is preserv'd by Prayer, the Pattern of which is the Lord's Prayer; it is ensured to us by the Sacraments, which are the Pledges of Love; and more particularly, it is quickened by the Holy Eucharist, which is the Feast of Love: So that the plain Order of the Catechism teaches me the Rise, the Progress, and the Perfection of Divine Love; which God of his great Mercy give me Grace to follow.

Q. I beseech God to give you the Grace you pray for, that you may prosecute this Method with your Heart, as well as with your Words.

A. It is the full Purpose of my Soul so to do, and I trust in God I shall do it.

Q. You

the CHURCH-CATECHISM. 5

Q. You are to begin with the Vow you made at your Baptism: Tell me,
Expulsion of contrary Loves in our Baptismal Vow.

What did your Godfathers and Godmothers then for you?

A. *They did promise and vow three Things in my Name.*

First, That I should renounce the Devil and all his Works; the Poms and Vanities of this wicked World, and all the sinful Lusts of the Flesh.

Secondly That I should believe all the Articles of the Christian Faith.

And Thirdly, That I should keep God's holy Will and Commandments; and walk in the same all the Days of my Life.

Q. *Dost thou not think thou art bound to believe and to do as they have promised for thee?*

A. *Yes, verily; and by God's Help so I will; and I heartily thank our Heavenly Father, that he hath call'd me to this State of Salvation, through Jesus Christ our Saviour: And I pray unto God to give me his Grace, that I may continue in the same unto my Life's End.*

Q. The Promises of Faith and Obedience, which you made in your Baptism, will be mention'd in their proper Places, when you come to the Creed, and to the Decalogue; that which now lies before you is to shew, how your Abrenunciation is preparatory to the Love of God.

A. As all particular Graces are but the Love of God, varied by different Instances and Relations, so all particular Sins are nothing but Concupiscence, or the Love of one Creature or other,

in Competition with, or Opposition to, the Love of God: Now all the Creatures on which we set our Love, are reducible to these three, the Devil, the World, and the Flesh; and my Heart must be emptied of these impure Loves, before it is capable of entertaining the pure Love of God.

2. If you are conscious to yourself, that you have entertained these impure Loves, and have violated your baptismal Vow, and have in your Heart renounc'd God, instead of renouncing his Enemies, what must you do to recover that Favour of God you have lost, and to be deliver'd from the Wrath to come?

A. I must thoroughly repent of all the Breaches of my Vow, and I must seriously renew it.

Repentance for *2.* Express your Repentance
our Vow broken. for breaking it.

A. I express it thus:

O Lord God, with Shame, and Sorrow, and Confusion of Face, I confess and acknowledge thy infinite Mercy and Goodness to me, my infinite Vileness and Ingratitude to thee!

Thou, Lord, infinitely good and gracious, wast pleas'd, out of thy own free Mercy, first to love me, to excite me to love again: Glory be to thee.

Thou, Lord, didst vouchsafe, of a miserable Sinner, to make me a Member of my Saviour, thy own Child, and an Heir of Heaven: Glory be to thee.

I, infinitely wicked and unworthy, have despis'd, and rejected, and forfeited all the inestimable Blessings, to which I was intitled by my Baptism: Lord, have Mercy upon me.

Woe

the CHURCH CATECHISM. 7

Woe is me, Wretch that I am ! I have cut myself off by my Sins, from being a true *Member of Christ's* mystical Body, and from all the gracious Influences I might have deriv'd from my Union to him ; Lord, have Mercy upon me.

Woe is me, Wretch that I am ! I have by my numerous Provocations, lost that Holy Spirit of Adoption, whereby I might become thy *Child*, O God, and call thee Father, and am become a Child of Wrath ! Lord, have Mercy upon me.

Woe is me, Wretch that I am ! I have, by my own wilful Impiety, disclaimed my being an *Inheritor of the Kingdom of Heaven*, and am become an Heir to the Kingdom of Darkness : Lord, have Mercy upon me.

Woe is me ! I have easily yielded to the Temptations of Satan, and have wrought the *Works* of my Father the *Devil* : Lord, have Mercy upon me.

Woe is me ! I have greedily coveted and pursued the *Pomps and Vanity* of this wicked World : Lord, have Mercy upon me.

Woe is me ! I have often indulg'd the *sinful Lusts of the Flesh* : Lord, have Mercy upon me.

Woe is me ! I have lov'd all Things which thou Lord hatest, and am myself become odious in thy Sight : Lord, have Mercy upon me.

Woe is me ! I have neither believ'd in thee, O my God, nor obey'd thee, nor lov'd thee, as I ought, and as I solemnly vow'd I would : Lord, have Mercy upon me.

O Lord God, most gracious and reconcileable, pity and pardon me.

lament, O Lord God, my detestable Impiety, for having so long, and so often, and so obstinately offended thee.

In the Bitterness of my Soul, O Father of Mercy, I bewail and abhor my Unworthiness, and the Hardness of my Heart, that has *despis'd the Riches of thy Goodness, and Forbearance, and Long-suffering, which should have led me to Repentance*, Rom. ii. 4.

O Lord God, whatever thou deny'st me, deny me not a *broken and a contrite Heart*, Psal. li. 17.

O that my Head were Waters, and my Eyes Fountains of Tears, (Jer. ix. 1.) that I might weep much, and *love much*, (Luke vii. 47.) having much to be forgiven!

Lord, hear me, help me, save me, for thy own gracious Promise sake, for thy own tender Mercies sake, for the Merits and Sufferings of Jesus thy beloved, in whom thou hast made Penitents accepted. *Amen. Amen.*

Our Vow re-
new'd, 2. Having repented of the Violations of your baptismal Vow, shew me how you will renew it.

A. I shall do it after this manner:

I have sinned, O Lord God, I have sinned, and done Evil in thy Sight; but I repent, I turn to thee.

I confess, and forsake my Wickedness, and am sorry for my Sins, Psal. xxviii. 18.

It grieves me, O most amiable Goodness, it grieves me, that ever I offended thee.

With all my Heart, O my God, do I now renew the sacred Vow, which, alas! alas! I have so often violated.

O Lord

the CHURCH-CATECHISM. 9

O Lord God, I do, for the future, *renounce the Devil*, that Arch-rebel against thee, with all his apostate Angels.

I renounce all his Worship, (1 Cor. x. 20. Eph. ii. 2, 12.) all his impious Suggestions, (John xiii. 2.) Delusions, (2 Cor. iv. 4.) and Temptations, for which he is called the *Tempter*, (Mat. iv. 3.) and all the Ways of consulting him, which ungodly Men have taken, Acts xix. 19.

I renounce *all his Works*, all those Sins of the Spirit, all Pride, (1 Tim. iii. 6.) and Malice, (John viii. 44.) and Envy; all Treachery (John vi. 70.) and Lying, Revenge, and Cruelty; all tempting others to Sin, Hatred to Holiness (Acts xiii. 10.) and Apostasy, (Jude 6.) which are his daily Practice, and are truly diabolical.

I utterly renounce, O Lord God, *the Poms and Vanity of this wicked World*; all covetous Desires of Honour, Riches and Pleasure (Tit. ii. 12.) all sinful Excesses in Things lawful, 1 Cor. vii. 30, 31.

I renounce, Lord, all evil (Rom. xii. 2.) Customs, all evil Companions (Prov. i. 10. 1 Cor. xv. 33.); all that is vain or wicked (John xvii. 15. 1 John v. 19.) in the World, all that *Friendship with the World, which is Enmity with thee*, (James iv. 4.) all Things that may alienate my Heart from thee.

I renounce, O Lord God, all worldly Comforts and Possessions; all my natural Relations, and my own Life, (Luke xiv. 26.) whenever they stand in Competition with my Duty to thee.

I utterly renounce, O Lord God, *all the sinful Lusts of the Flesh*, all the inordinate Desires of

10 *An Exposition of*

my own corrupt Nature, of my own *carnal Mind, which is Enmity with thee*, Rom. vii. 18, 25. viii. 7.

I renounce, Lord, all *fleshy Lusts, which war against thee*, (1 Pet. ii. 11. 1 John ii. 15. Gal. v. 19.) and against my own *Soul*; all Sloth, and Idleness, and Intemperance; all *Lasciviousness*; all *Filthiness of Flesh and Spirit*, (2 Cor. vii. 1.) which render us unclean in thy Sight.

O Lord God, I utterly renounce all Things that may any way displease thee; from them all let it be thy good Pleasure to deliver me.

I know, Lord, that Sin is the utmost Abomination to thy Purity, (*Prov. xv. 9*) the most audacious Outrage to thy adorable Majesty, the perfect Contradiction to thy Deity, and therefore I utterly renounce and abhor it.

I know, Lord, that Sin exposes us to all the Phials of thy Wrath, and to Vengeance eternal; I know it sets the Sinner at the extremest Distance, and Opposition, and Defiance to thee, and therefore I utterly renounce and abhor it.

I know, Lord, I cannot *love* thee, (*Psal. xcvi. 10.*) but I must *hate Evil*; and therefore I renounce and detest it.

Turn thou me, (*Jer. xxxi. 18.*) O Lord God, and so shall I be turned.

Turn, O Lord, the whole Stream of my Affections, from sensual Love to the Love of thee.

O my God, let thy heavenly Love be the constant Bias of my Soul! O may it be the natural Spring and Weight of my Heart, that it may always move towards thee!

Thy

the CHURCH-CATECHISM. II

Thy Love, O my God, shall hereafter be the sole Rule and Guide of my Life ; I will love thee, and love whatever thou lovest, and hate whatever thou hatest ; *I will believe all the Articles of the Christian Faith, and I will keep thy holy Will and Commandments, and walk in the same all the Days of my Life.*

All this, O my God, I own myself bound to believe and do ; and though of myself I am impotent to all Good, (2 Cor. iii. 4. John xv. 5.) yet by thy Help (Phil. iv. 13.) I will perform it ; and I heartily thank thee, O heavenly Father, (Eph. i. 3. 1 Pet. i. 3.) who, out of mere Compassion to my Soul, hast called me to this State of Salvation, through Jesus Christ our Lord.

Glory be to thee, O Lord, who hast indulg'd me this Opportunity of Repentance ; Glory be to thee, who hast wrought in me this Will, to renew my baptismal Vow.

O my God, I humbly, I earnestly pray unto thee to give me continual Supplies of thy Grace, that I may continue in thy Love unto my Life's End, that, being faithful to Death, I may receive the Crown of Life, Rev. ii. 10.

O Lord God, I have sworn, (Psf. cxix. 106.) and I will perform it, that I will keep thy righteous Judgments.

My Heart is empty and disengag'd, and longs for thee ; my Heart is intirely devoted to thee : Enter, O my God ; possess it with thy gracious Presence, and fill it with thy Love.

Lord, for thy tender Mercies sake, restore me to thy Favour ; to all the Graces and Privi-

leges of my Baptism, of which I have been spoil'd by my Sins.

Lord, make me a living Member of thy Church, the mystical Body of thy Son, 1 Cor. xii. 13, 27.

O my God, unite me inseparably to *Christ* my Head (Eph. i. 23.) and from thence let his gracious Influences be ever streaming into my Soul, Eph. iv. 15. Col. ii. 19.

Father, I have sinned against Heaven, and in thy Sight, and am no more worthy to be called thy Son: But I return with the Prodigal, (Luke xv. 18.) O let thy paternal Bowels yearn on me, and graciously receive me.

Lord, send thy *Spirit of Adoption* (Gal. iii. 26, 27.) into my Heart, to instil true filial Affections, that I may again be own'd by thee for thy *Child*, and call thee Father, and share in the Blessings of thy Children, and at last become an *Inheritor of the Kingdom of Heaven*, Rom. viii. 16, 17.

O Heavenly Father, accept my imperfect Repentance, compassionate my Infirmities, forgive my Wickedness, purify my Uncleaness, strengthen my Weakness, fix my Unstableness, and let thy Love ever rule in my Heart, through the Merits, and Sufferings, and Love of the Son of thy Love, in whom thou art always infinitely pleas'd. *Amen.* Mat. iii. 17.

This Office may be us'd in Times of devout Retirement, or on the Lord's Day, or in Affliction, or Sicknes; but especially before the Holy Eucharist.

Q. Re-

the CHURCH-CATECHISM. 13

Q. Rehearse the Articles of *The Motives of*
your Belief. *Love.*

A. I. *I believe in God the Father Almighty,*
Maker of Heaven and Earth.

II. *And in Jesus Christ his only Son our*
Lord.

III. *Who was conceived by the Holy Ghost,*
born of the Virgin Mary.

IV. *Suffered under Pontius Pilate, was*
crucified, dead and buried: He descended into
Hell.

V. *The Third Day he rose again from the*
Dead.

VI. *He ascended into Heaven, and sitteth*
at the Right-hand of God the Father Almighty.

VII. *From thence he shall come to judge*
the Quick and the Dead.

VIII. *I believe in the Holy Ghost.*

IX. *The Holy Catholick Church, the Com-*
munion of Saints.

X. *The Forgiveness of Sins.*

XI. *The Resurrection of the Body.*

XII. *And the Life everlasting. Amen.*

Q. *What dost thou chiefly learn in these*
Articles of thy Belief?

A. *First, I learn to believe in God the*
Father, who hath made me, and all the
World.

Secondly, In God the Son, who hath
redeemed me, and all Mankind.

Thirdly, In God the Holy Ghost, who
sanctifieth me, and all the elect People of God.

2. *What*

14 *An* EXPOSITION of

Q. What is the Method of the Creed?

A. The Creed teaches me to believe in God, and to believe his Church.

Q. How in God?

A. It teaches me to believe in God, with respect to his Unity, and then to the Trinity of Persons in that Unity, Father, Son, and Holy Ghost.

Q. How does it teach you to believe the Church?

A. It teaches me to believe the Church with regard to its two different States, either militant below, or triumphant above.

Q. How are the Articles of the Creed Motives of Love?

A. Every Article includes a Blessing as well as a Mystery, and is as proper to excite our Love, as to engage our Faith.

Q. Give me such a Paraphrase on the Creed, that throughout the Whole, your *Faith may work by Love*, Gal. v. 6.

A. I shall do it to the best of my Power, in such instructive and pathetical Aspirations, as follow.

I believe.

Faith working by Love.	My Lord and my God, with a full, free, and firm Assent, I believe all the Articles of my Creed, because thou hast revealed them; I know thou art infal- lible Truth and canst not (<i>Deut.</i> xxxii. 4. <i>Heb.</i> vi 18.); thou art infinite Love, (<i>Psal.</i> xxv. 8.) and wilt not deceive me: Glory be to thee.
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With

the CHURCH-CATECHISM. 15

With all my Heart, O my God, do I love and praise thee, who art so infinitely amiable in thyself, and so full of Love to us, that all I can know, or believe of thee, excites me to love thee.

Lord, daily increase my Faith; make it active and fruitful, (*Jam. ii. 20*) that I may believe and love thee as intirely as becomes one intirely devoted to thee.

In GOD.

I believe, O my God, that thou art *One*, (*Deut. iv. 35.*) and that *there is no other God besides thee* (*Isa. xlv. 6. xlv. 5, 6.*); thou art that One infinite and independent Being, that One only true God, whom all Men, and all Angels, are to adore: All Glory be to thee.

Its Objects.

The Unity of God.

O Lord God, help me to love and to praise thee with God-like Affections, and a suitable Devotion.

I believe, O my God, that in the Unity of thy Godhead there is a Trinity of Persons (*Mat. iii. 17. xxviii. 19.*) I believe in thee, O Father, Son, and Holy Ghost, in whose Name I was baptized, (*1 John v. 7.*) to whose Service I am religiously devoted: All Glory be to thee.

The Trinity in Unity.

I believe, I admire, I love, I praise, I adore thee, O most blessed and glorious Trinity, God the Father, God the Son, and God the Holy Ghost, for being the joint Authors of our Salvation: All Glory be to thee.

O sacred, and dreadful, and mysterious Trinity, though I cannot conceive thee, yet let me daily experiment thy Goodness; *Let thy Grace, O Lord Jesus; let thy Love, O God the Father* (2 Cor. xiii. 14.); *let thy Communications, O Holy Spirit, be ever with me.*

The Father.

The First Person of the Trinity. I believe, and love, and praise thee, O my God, the First Person in the most adorable Trinity; the Fountain of the Godhead; the eternal Father of thy coeternal Son, (*John i. 18. v. 18.*) Jesus my Saviour.

His distinctive Property, Father. Glory be to thee, O God the Father, *for so loving the World,* (John iii. 16.) *as to give thy only begotten Son to redeem us.*

Glory be to thee, O Heavenly Father, for first loving us, and giving the dearest Thing thou hadst for us: O help me to love again, and to think nothing too dear for thee.

Almighty.

His Attributes. I believe, O my God, that thou art a Spirit, (*John iv. 23, 24.*) most pure and holy, (1 *Pet. i. 16.*) and infinite in all Perfections, (*Psf. cxlv. 3.*) in Power, (*Psf. cxv. 3.*) and Knowledge, (*Isa. xl. 28.*) and Goodness (*Mat. xix. 17*); that thou art Eternal, (*Psf. xc. 2.*) Immutable, (*James i. 17.*) and Omnipresent (*Psf. cxxxix. 1, &c.*): All Love, all Glory, be to thee.

I be-

the CHURCH-CATECHISM. 17

I believe, O Lord, that thou art most wise (*Pf.* cxlvii. 5.) and just, (*Rom.* ii. 6.) most happy (*Pf.* xvi. 11.) and glorious, (*1 Tim.* vi. 16.) and all-sufficient (*2 Cor.* xii. 9.) ; most gracious, and merciful, and tender, and benign, and liberal, and beneficent (*Tit.* iii. 4. *Eph.* ii. 4. *Pfal.* li. 1.) : All Love, all Glory, be to thee.

I believe thy Divine Nature, O my God, to be in all respects amiable, to be Amiability in itself, to be *Love* (*Cant.* v. 16. *1 John* iv. 8, 16.) itself ; and therefore I love, I admire, I praise, and I adore thee.

Thou, Lord, art my Hope, my Trust, my Life, my Joy, my Glory, my God, my All, my Love.

Maker of Heaven and Earth.

I believe, that thou, O Father His Works.
Almighty, didst create Heaven
and Earth, the whole World, and all Things in it, visible and invisible, out of nothing, and by thy Word only (*Gen.* i. 1. *Heb.* xi. 3. *Pfal.* xxxiii. 6.) : All Glory be to thee.

I believe, O thou great Creator, that thy Divine Love made thee communicate Being to thy Creatures ; that thou lovest all Things, and hatest nothing thou hast made : Glory be to thee.

I believe, O God, that thou art the sole Lord and Proprietor of all Things thou hast made (*Deut.* x. 14. *Pfal.* lxxxix. 11.) ; that all Things do necessarily depend on thee ; that 'tis in thee only *-we live, and move, and have our Being* (*Acts* xvii. 28.) : All Love, all Glory, be to thee.

I be-

I believe, Othou communicative Goodness, that thou dost preserve, and sustain, and protect, and bless all Things thou hast made, suitably to the Natures thou hast given them (*read the cxlvth Psalm*): All Love, all Glory be to thee.

I believe, O mighty Wisdom, that thou dost most sweetly order, and govern, and dispose all Things (*Pf. civ. 24.*); even the most minute (*Mat. vi. 26, 28. x. 30*); even the very Sins of Men, (*Gen. i. 20.*) to conspire in thy Glory: O do thou conduct my whole Life, steer every Motion of my Soul, towards the great End of our Creation, to love and to glorify thee.

I believe, O Lord, that thy Love was more illustrious in the Creation of Man, than in all the rest of the visible World; thou wert pleased to make him (*Gen. i. 26.*) in thy own Image, and after thy own divine Likeness: All Love, all Glory, be to thee.

Thou, Lord, didst make Man for thyself, and all Things visible for Man; thou designedst all Creatures for his Use, (*Psal. viii.*) and didst subject them to his Dominion; the very Angels thou didst charge (*Pf. xci. 11.*) to keep him in all his Ways: All Love, all Glory, be to thee.

Thy Works, O Lord, are wonderful and amiable (*Pf. cxi. 2, 3, 4.*) I love, and admire, and praise thy universal Providence over the whole World; the perpetual Flux of thy Goodness on every Creature: All Glory be to thee.

I love and praise thee, O my God, for all the particular Vouchsafements of thy Love to me, (*Pf. lxxviii. 19.*) for all thy Deliverances and Blessings, either to my Body or to my Soul,
known

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known or unknown (*read the ciiid Psalm*) ; for all that I do not remember, or did not consider : All Love, all Glory, be to thee

The longer I live, O my God, the more Reason I have to love Thee, because every Day supplies me with fresh Experiments and new Motives of thy manifold Love to me ; and therefore all Love, all Glory, be to thee.

And in Jesus.

I believe in thee, O Jesus, and I rejoice in that dear Name, which is so full and expressive of thy Love.

The Second Person in the Trinity, God the Son, his Offices.

Thou art *Jesus* our Saviour, because thou camest into the World on purpose to *save us from our Sins* (Mat. i. 21.) : All Love, all Glory, be to thee.

O be thou ever Jesus to me ; O let me feel the kind Force of that sweet Name, in which I and all Sinners do read our Danger, and our Deliverance, our Guilt, and our Salvation.

O most benign Jesu ! he well deserves to be *accursed, that does not love thee* (1 Cor. xvi. 22.) : Who, Lord, can ever hope to share in thy Salvation, who does not love thee his Saviour ?

Christ.

I believe, O merciful Jesus, that thou art Christ the true *Messias*, (John i. 41. Dan. ix. 26.) the Anointed of the Lord, the promised Seed, *which was to bruise the Serpent's Head,*
(Gen.

(Gen. iii. 15.) long expected by the Fathers, (Luke ii. 25.) foretold by the Prophets, (*Acts* x. 43.) represented by Types, (*Col.* ii. 17.) which were all fulfilled in thee, O thou *the Desire of all Nations* (*Hag.* ii. 7.) : All Love, all Glory, be to thee.

I believe, that thou, O Jesus, wert anointed with the Holy Spirit, (*Acts* x. 38. *Heb.* i. 9.) that all his Gifts and Graces were poured out, and diffused like a sweet Ointment on my Soul, *without Measure* (*John* iii. 34.) ; thou art altogether lovely, O Christ, and *of thy Fulness we all receive* (*John* i. 16.) : All Love, all Glory, be to thee.

I believe, O thou anointed of God, that as Kings, (1 *Sam.* xv. 1.) and Priests, (*Lev.* iv. 3, 5, 16.) and Prophets, (1 *Kings* xix. 16.) were heretofore anointed with material Oil ; so by thy heavenly Anointing (*Mat.* iii. 16.) thou wast consecrated to be our Prophet, our King, and our Priest, and in all those three Offices, to manifest thy Love to us ; and therefore, all Love, all Glory, be to thee.

Glory be to thee, O Christ, our Prophet, (*John* iv. 25. *Acts* vii. 37. *Luke* iv. 18.) who didst teach, and reveal, and interpret thy Father's Will, and all saving Truth, to the World.

Glory beto thee, O Christ, our King, (*Luke* i. 33, 69, 71.) who dost give Laws to thy People, dost govern and protect us, and hast subdued all our ghostly Enemies.

Glory be to thee, O Christ, our Priest, who dost bless us, (*Acts* iii. 26.) who didst offer thyself a Sacrifice, (*Isa.* liii. 10. *Eph.* v. 2. *Heb.* ix.

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14.) and dost still *make Intercession for us*, Rom. viii. 34. Heb. vii. 25.

Our Redemption, our Illumination, our Support, is wholly from thy Love, O thou Anointed of God: All Love, all Glory, be to thee.

His only Son.

I believe, that thou, O most adorable Jesus, art the Son of God by ineffable Generation (*Heb. i. 5. Isai. liii. 8. John i. 1.*); thou didst from Eternity derive thy Godhead from the Father; *thou art the Brightness of his Glory, and the express Image of his Person* (Heb. i. 3.): All Love, all Glory, be to thee.

His two Natures.
1. Of God. His eternal Generation.

Thou, O blessed Jesu, art the *only Son of God, the only begotten Son, full of Grace and Truth* (John i. 14. xviii. 5, 18. Rom. viii. 32. Mat. iii. 17.); thou art the *only beloved Son, in whom thy Father is well pleased*; 'tis only in thee, and for thee, that Sinners have Hope; and therefore, all Love, all Glory, be to thee.

Thou art *equal* (Phil. ii. 6.) to thy Father, O Jesu, in Amiability and in Love to us, and art equally to be loved by us; and therefore, all Love and Praise be to the Father *that eternally begat*, (1 John v. 1.) and to the Son *eternally begotten*.

Our Lord.

I believe, O thou eternal Son of the Father, that thou art *the great* (Tit. ii. 13.) and *true God*, (1 John v. 20.)

His Deity.

Jehovah

Jehovah our Righteousness, (Jer. xxiii. 6.) *God above all blessed for ever*, (Rom. ix. 5.) and *mighty to save* (Isa. lxiii. 1.): All Love, all Glory, be to thee.

I believe, O Lord Jesus, that thou didst make, (*John i. 3.*) and dost sustain all Things by thy Power, (*Heb. i. 3, 10.*) and that thou art to be honoured by Men, and by Angels, as thy Father is honoured (*Heb. i. 6. Phil. ii. 10. John v. 23.*): All Love, all Glory, be to thee

I believe, O thou King of Kings, and Lord of Lords, (*Rev. xix. 16.*) that thou art the Lord, and the Author of the new Creation, (*Eph. i. 21, 22. ii. 10.*) as well as of the old; that thou art more peculiarly Lord of us Sinners by Purchase (*1 Cor. vi. 20.*) O that I, and all that own thy Dominion, may for ever love, and revere, and obey, (*Luke vi. 46.*) so powerful and gracious a Lord!

Who was conceived by the Holy Ghost.

2. Of Man in his State of Humiliation. His Conception.

I believe, O most condescending Majesty, that when thou didst stoop so low as to assume our frail Nature, *the Holy Ghost came on thy sacred Mother, and that the Power of the Highest did overshadow her*, (*Luke i. 31, 34, 35, 42.*) and that she did conceive and lodge thee in her Womb, where thou, who fillest Heaven and Earth, wert about Nine Months for our sakes imprison'd; and therefore, all Love, all Glory, be to thee.

Born of the Virgin Mary.

I believe, O most adorable Humility, that thou wast at last His Birth.
born into the World (*Luke ii. 6, 7.*); that thou having only God for thy Father, and *Mary*, a pure Virgin, for thy Mother, whom *all Generations do call Blessed*, (*Luke i. 48.*) both thy Conception and Birth were perfectly immaculate; that being without Sin thyself, thou mightest be a fit Sacrifice to (*1 John ii. 1, 2.*) atone for us Sinners, who being born of unclean Parents, were all by Nature unclean (*John xiv. 4.*); and therefore, all Love, all Glory, be to thee, O immaculate *Lamb of God, who takest away the Sins of the World*, *John i. 29.*

I believe, O blessed Saviour, That the two Natures of God and of Man, were in thee so mysteriously united, without either Change or Confusion, that they made in thee but one Person, but one *Mediator*, (*1 Tim. ii. 5.*) *one Lord* (*Eph. iv. 5.*): Thou, O eternal Word, didst *become Flesh*, and didst *dwell among us*, (*John i. 14.*) on purpose to save us; and therefore, all Love, all Glory, be to thee.

Suffered.

I believe, O adorable Love, His Life of Sor-
that thy whole Life was made low.
up of Sufferings, and that for sinful Men, and in particular for me: O let me never cease to adore and love thee.

It

It was for us Sinners, O tenderest Love, that in thy very Infancy thou wast circumcised, (*Luke ii. 21.*) and designed by *Herod* for Slaughter, and forced to fly into *Egypt* (*Mat. ii. 13, 16.*); and therefore I praise and love thee.

It was for us Sinners, that thou, O afflicted Love, wert all thy Life long, *a Man of Sorrows, and acquainted with Grief* (*Isa. liii. 3.*); that thou wast prosecuted and reviled, *despised and rejected*, and hearest not *where to lay thy Head* (*Mat. viii. 20.*); and therefore I am bound to praise and love thee.

It was for us Sinners, that thou, O compassionate Love, when thou tookest on thee our Nature, *wast touched with a Feeling of our Infirmities, and wast in all Points tempted like as we are, yet without Sin*, (*Heb. iv. 15.*) that thou mightest the more affectionately pity the Weak, and succour the Tempted; and therefore I praise and love thee.

It was for us Sinners, that thou, O beneficent Love, didst *go about doing Good*, (*Acts x. 38.*) preaching Repentance, publishing the glad Tidings of Salvation, (*Mat. iv. 17. Luke iv. 18.*) sending thy Disciples, (*Mat. x. 15.*) confirming thy heavenly Doctrine by many glorious Miracles, (*Mat. xi. 5.*) and illustrating it by a God-like Example; all thy Life is full of Attractives of sweetest Love and Pity to us Sinners; which *2 Cor. v. 14.* kindly and forcibly constrain us to praise and love thee.

O most exuberant Love, how amiable are all thy Graces! O fill my Heart with thy Love, and transform me into thy Likeness, *Rom. viii. 29.*

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Phil. ii. 5. that I may all my Life long imitate thy perfect Obedience, unspotted Holiness, unchangeable Resolution, universal Charity, uninterrupted Devotion, Contempt of the World, Heavenly-mindedness, gracious Condescension, ardent Zeal for thy Father's Glory, and unbounded Love, and that for the sake of that dearest Love, which inclined thee to become incarnate for me.

Under Pontius Pilate.

I believe, O my Lord, and my God, that though thou didst suffer all thy Life long; yet thy greatest Sufferings were under the *Roman Governor of Judea, Pontius Pilate*; I believe all those mighty Sufferings; but am as little able to express the Greatness of them, as I am the Greatness of thy Love, which moved thee to suffer: All I can do is to love and to praise thee.

How great were thy Sufferings, O Saviour of the World! when the very Apprehension of them made thy Soul very heavy, exceeding sorrowful, even to Death; made thee offer up Prayers, with strong Crying and Tears; that if it were thy Father's Will, the Cup might pass from thee; threw thee into an Agony and bloody Sweat (*Heb. v. 7. Mat. xxvi. 38. Luke xxii. 43, 44.*); insomuch that there was an Angel sent from Heaven on purpose to strengthen thee. O thou agonizing Love! impress on my Heart so tender a Sense of thy Sufferings for me, that I may agonize with thee, that I may feel all thy Sorrows, that though I cannot sweat Blood like thee,

C

I may

I may dissolve into Tears for thee, that I may love and suffer with thee throughout every Part of thy Passion.

O suffering Jesus, when my Meditations follow thee from the Garden to Mount *Calvary*, I grieve, and I love, all the Way.

I grieve, and I love, when I see thee, O incarnate God, who couldst command more than twelve Legions of Angels for thy Rescue; out of Love to Sinners, and in particular to me, one of the vilest of all that Number, humbling thyself to be apprehended, and bound by the rude Soldiers, as a Malefactor, *Mat. xxvi. 47, 53, 57. John xviii. 4.*

I grieve, and I love, when I see thee, O gracious Lord, for my sake, betrayed by the treacherous Kiss of *Judas*, (*Mat. xxvi. 49, 56, 70.*) denied by *Peter*, and forsaken of all thy Disciples.

I grieve, and I love, when I see thee, O spotless Innocence, out of Love to me, dragged to *Annas*, (*John xviii. 12.*) and *Caiaphas*, (*Mat. xxvi. 57, 59. Luke xxii. 66.*) the High-Priest; when I see thee accused by false Witnesses, arraigned and condemned.

I grieve, and I love, when I see thee, O Divine Majesty, out of Love to me, spit upon, and blindfolded, and buffeted, and mocked, (*Mat. xxvi. 67. Luke xxii. 63.*) sent to Pilate, an infidel Judge, (*Mat. xxvii. 2.*) then to wicked *Herod*, (*Luke xxiii. 6, 11, 12.*) who with his Men of War set thee at naught, arrayed thee in a white Robe of Mockery, and sent thee again to *Pilate*.

I grieve,

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I grieve, and I love, O injured Goodness, when I see thee, though declared innocent by the very Traitor *Judas*, who out of Horror for his Crime, went and hanged himself, though declared innocent by *Pilate* himself, the Judge to whom thine Enemies appealed, yet worried to Death by the Clamours of the Rabble, that cried out, *Crucify, Crucify*; when I see *Barabbas* a Traitor and a Murderer, preferred before thee, *Luke xxii. 14, 18, 19, 21. Mat. xxvii. 3, 4, 5.*

I grieve, and I love, when I see thee, O Lover of Souls, for my sake, most unjustly given up into the Hands of infidel Soldiers, to be stript naked, and tied to a Pillar, and scourged (*John xix. 1. Psal. cxxix. 3.*); to see *the Plowers plowing on thy Back, and making long Furrows.*

I grieve, and I love, O King of Heaven, when I see thee, out of Love to me, humbling thyself to be arrayed in *Purple, with a Reed in thy Hand* (*Mat. xxvii. 28, 29.*); when I see thee crown'd with *Thorns*, to multiply thy Torments; when I see thee mocked by barbarous Wretches, with their bended Knee, and with *Hail, King of the Jews.*

I grieve, and I love, when I see thee, O Lord God, whom the Angels worship, *spit upon* again, and buffeted, (*Mark xv. 19.*) and for my sake made the extreme Scorn, and Contempt, and Sport, of thy insolent and insulting Enemies; and though still declared innocent by *Pilate*, (*Mat. xxvii. 24, 25.*) yet surrendered to the unrelenting Cruelty of the Multitude *to be crucified.*

28 *An Exposition of*

My Lord, my God, my Saviour, with all my Heart, I love and adore thy infinite Love and Benignity to Sinners: With all my Heart, I lament and detest the Hatred and Outrage of Sinners to thee.

Was crucified.

His Crucifixion. I grieve, and I love, O sorrowful Jesus, when I see thee, for my sake, oppressed with the Weight of thy own Cross, (*John* xix. 17.) till thy tender Body, quite spent with Sufferings, sank under it, *Mat.* xxvii. 32.

I grieve, and I love, O thou great Martyr of Love, when, for my sake, I see thy Virgin Body stript naked, thy Hands and thy Feet nailed to the Cross; when I see thee *crucified between two Thieves*, (*Mat.* xxvii. 38.) and *numbered with the Transgressors*; when I see Gall given thee to eat, and Vinegar to drink, *Psalms* lxix. 21.

I grieve, and I love, when I see thee, O incarnate Deity, hanging on the Cross, and for my sake, by thy own People, in the Height of thy Anguish, derided, reproached and blasphemed, with *wagging their Heads*, mocked by the Soldiers, and by the impenitent Thief, *Mat.* xxvii. 39. *Luke* xxiii. 39.

I grieve, and I love, when I see thee, O God, blessed for evermore, O Fountain of all Blessing, hang bleeding on the Cross, and made a *Curse for me* (*Gal.* iii. 13.) How does my Indignation swell against the Injustice, and Ingratitude,
and

and Inhumanity of the *Jews*, who could thus cruelly treat so unreproachable an Innocence, so amiable a Charity, so compassionate a Saviour!

Alas! alas! it was the Sinner, O Love incarnate, rather than the *Jew*, that betrayed, and derided, and blasphemed, and tortured, and crucified thee; the Sins of lapsed Mankind, (*Isai.* liii. 6.) and particularly my Sins, they were thy Tormentors; and therefore, from my Heart, I bewail, detest and abjure them.

My Lord, and my God, insfil penitential Love into my Soul, that I may grieve for my Sins, which grieved thee; that I may love thee for suffering for us Sinners, who occasioned all thy Griefs; O may I always love thee, O may I never grieve thee more!

Dead.

I grieve, and I love, O bleed-
ing Love, when I see thee on the His Death.
Cross, quite spent with Pain and Anguish, when
I see thee in thy dying Pangs, *commending thy*
Spirit into the Hands of thy heavenly Father.
(*Luke* xxiii. 46.) *bowing thy Head,* (*John* xix.
30.) and giving up the Ghost. Thou, O Lord
of Life, didst for us Sinners humble thyself to
Death, even to the Death of the Cross, a Death
of utmost Shame and Ignominy, and of Tor-
ment insupportable: All Love, all Glory, be
to thee.

Was ever any Sorrow, O crucified Lord, like
that Sorrow my Sins created thee!

Was ever any Love, O outraged Mercy, like that Love thou didst shew in dying for Sinners!

All the Frame of Nature, O dying Saviour, fell into Convulsions at the Crucifixion of their great Creator; the *Sun was darkened*, (Mat. xxvii. 51.) *the Veil of the Temple was rent from the Top to the Bottom*, the *Earth quaked*, the *Rocks clave asunder*, the *Bodies of dead Saints rose out of their Graves*, insomuch that the Centurion and infidel Soldiers acknowledged thee to be *the Son of God*; thou wast lovely, and glorious, and adorable, in thy lowest Humiliation: All Love, all Praise, be to thee.

His unknown Thy bodily Sufferings, O Almighty Love, were intolerable, but yet thy inward were far greater.

I grieve, I love, I melt all o'er, when I hear thee on the Cross crying out, *My God, my God, why hast thou forsaken me?* (Mat. xxvii. 46.)? Ah sinful Wretch that I am! how infinite and unconceivable were the inward Dolours and Agonies thou didst undergo for us Sinners, when thou didst tread the *Wine-press* of thy Father's Wrath alone, (Isai. lxiii. 3.) when it pleased thy own most beloved Father *to bruise thee, and to put thee to Grief*, when the *Iniquities of the whole World were laid on thee*, (Isa. liii. 6, 10.) and my numerous Sins increased thy Load, and heightened thy Torment, when thy own Deity withdrew all Consolation from thee, when God, offended by our Sins, did *afflict thee in the Day of his fierce Anger*, (Lam. i. 12.) No Sufferings, no Love, was ever like unto thine for me;

no

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no Grief, no Love, but my own, should exceed mine for thee.

For whom, O unutterable Goodness, didst thou suffer the extreme Bitterness of Sorrow, but for the vilest of all thy Creatures, sinful Man, and for me, one of the worst of Sinners? and therefore I praise and love thee.

For what End didst thou suffer, O most ardent Charity, but to save Sinners from all Things that were destructive, the Curse of the Law, (*Gal. iii. 13.*) the Terrors of Death, (*Heb. ii. 14, 15.*) the Tyranny of Sin, (*Rom. vi. 14.*) the Power of Darkness, and Torments eternal, (*1 Theff. i. 10.*) to purchase for us all Things conducive to our Happiness, (*Eph. i. 7. Heb. ix. 12, 15.*) Pardon and Grace, Consolation and Acceptance, and the everlasting Joys and Glories of the Kingdom of Heaven? And therefore I praise and love thee.

Out of what Motive didst thou suffer, O boundless Benignity, but out of thy own preventing Love, (*1 John iv. 19.*) free Mercy, and pure Compassion? And therefore I praise and love thee.

When no other Sacrifice could atone thy Father's Anger, O thou the beloved Son of God, and reconcile Divine Justice and Mercy together, but the Sacrifice of God incarnate, who, as Man, was to die, (*Heb. ix. 28.*) and to suffer in our stead; as God, was to merit and make Satisfaction for our Sins; 'twas then that thou, O God the Son, didst become Man, the very meanest of Men, didst *take upon thee the Form of a Servant*, (*Phil. ii. 7.*) and didst on the

Cross shew us the Mystery and the Miracle of Love, God crucified for Sinners, and Sinners redeemed by the Blood of God, *Acts* xx. 28.

O thou propitious Wonder, God incarnate on the Cross, by what Names shall I adore thee? All are too short, too scanty, to express thee; Love only, nothing but Love, will reach thee; thou art Love! (1 *John* iv. 8.) O Jesu, thou art all Love; O tenderest, O sweetest, O purest, O dearest Love, soften, sweeten, refine, love me, into all Love like thee!

By the Love of thy Cross, O Jesu, I live, (*Gal.* ii. 20. vi. 14.) in that I will only glory, that above all Things will I study, (1 *Cor.* ii. 2.) that before all Things will I value (*Phil.* iii. 8.); by the Love of thy Cross I will take up my Cross daily, (*Luke* ix. 23.) and follow thee; I will persecute, and torment, and crucify, (*Rom.* vi. 6. *Gal.* v. 24.) my sinful Affections and Lusts, which persecuted, tormented and crucified thee; and if thy Love calls me to it, I will suffer on the Cross for thee, as thou hast done for me, *Acts* xxi. 13.

How illustrious and amiable were thy Graces amidst all thy Sufferings, O thou afflicted Jesu! I admire, and I love, thy profound Humility, unwearied Patience, Lamb-like Meekness, immaculate Innocence, invincible Courage, absolute Resignation, compassionate Love of Souls, and perfect Charity to thy Enemies. O my Love, I cannot love thee, but I must desire, above all Things, to be like my Beloved: O give me Grace to tread in thy Steps, (1 *Pet.* ii. 21.) and conform me to thy Divine Image, that the
more

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more I grow like thee, the more I may love thee, and the more I may be loved by thee.

And buried. He descended into Hell.

I believe, O crucified Lord, His Burial and that thou wast really dead, and Descent. that there was a Separation of thy Body and Soul: That *thy Side* was mortally wounded, and *pierced with a Spear* on the Cross, (*John* xix. 34.) and thy sacred Body was buried, (*Mat.* xxvii. 57, 60.) to assure us of thy Death: All Love, all Glory, be to thee.

I believe, O pierced, O wounded Love, that thy Soul, in the State of Separation, did descend into Hell, (*Eph.* iv. 9.) to vanquish Death, and all the Spirits of Darkness, in their own Dominions; and therefore I adore and love thee.

Glory be to thee, O thou great Champion of Love, who didst for our sakes singly encounter all our ghostly Enemies, who didst thyself *taste of Death*, (*Heb.* ii. 9.) that thou mightest take away the *Sting of Death*, (*1 Cor.* xv. 55, 56, 57.) who didst wrestle with *Principalities and Powers*, (*Col.* ii. 15.) and all the Force of Hell, that we might share in thy Victory; for which wonderful Salvation, I will always praise and love thee.

The Third Day he rose again from the Dead.

I believe, O Almighty Love, In his State of that according to the Types and Exaltation. His Prophecies which went before of Resurrection.

thee, (*Luke xxiv. 26, 27. Mat. xii. 40.*) and according to thy own infallible Predictions, thou didst, by thy own Power, (*John ii. 19.*) rise from the Dead the Third Day: All Love, all Glory, be to thee.

Glory, be to thee, who didst lie so long in the Grave to undergo the full Condition of the Dead, and to convince all the World thou wert dead; and didst rise so soon, that thou mightst not see Corruption, (*Acts ii. 31.*) or retard our Joy (*John xvi. 22.*): All Love, all Glory, be to thee.

He ascended into Heaven.

His Ascension. I believe, O victorious Love, that thou, after thy Conquest over Death and Hell, didst ascend in Triumph to Heaven, (*Luke xxiv. 51. Acts i. 9, 10.*) that thou mightst prepare *Mansions* for us, (*John xiv. 2.*) and from thence, as Conqueror, bestow the Gifts of thy Conquest on us (*Eph. iv. 8.*); and above all, the Gift of thy Holy Spirit; (*John xvi. 7.*) that thou mightst enter into the Holy of Holies, as our great High-priest, (*Heb. vi. 19, 20. x. 20, 21.*) to present to thy Father the sweet-smelling Sacrifice of his crucified Son, the sole Propitiation for Sinners; and therefore, all Love, all Glory, be to thee.

Glory be to thee, O Jesu, who didst leave the World, and ascend to Heaven about the 33^d Year of thy Age, to teach us, in the Prime of our Years, to despise this World, when we are best
able

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able to enjoy it, and to reserve our full Vigour for Heaven, and for thy Love.

O thou, whom my Soul loveth, since thou hast left the World, what was there ever in it worthy of our Love ! O let all my Affections ascend after thee, and never return to the Earth more ; for *whom have I in Heaven but thee ? and there is none upon Earth that I desire in Comparison of thee*, Psal. lxxiii. 25.

And sitteth at the Right-hand of God, the Father Almighty.

I believe, O triumphant Love, ^{His Session,} that thou now fittest in full and peaceful Possession of Bliss, (1 Pet. iii. 22.) and at the Right-hand of God ; that thy human Nature is exalted to the most honourable Place in Heaven, where thou fittest on thy Throne of Glory, adored by Angels, (Rev. v. 8, 9, 12.) and interceding for Sinners (Rom. viii. 34.) ; and therefore, all Love, all Glory, be to thee.

Glory be to thee, O Love enthroned ! Thy Resurrection, Ascension and Session, are all signal Instances of thy Love, and Earnests of our future Felicity, the intire Purchase of thy Love : All our Hopes of Heaven, our Resurrection, Ascension and Glorification, depend on, and are derived from thine, and are all the Trophies of thy Love to us ; and therefore, I will ever praise and love thee.

*From thence he shall come to judge the Quick
and the Dead.*

His coming to Judgment. I believe, O glorified Love, that from thy Throne, at God's Right-hand, where thou now sittest, thou wilt come again (*Acts* i. 11. *Phil.* iii. 20.) to judge the World, attended with thy holy Angels (*2 Thess.* i. 7.): All Glory be to thee.

I believe, O thou adorable Judge, that all Mankind shall be summoned before thy awful Tribunal. All the *Dead*, who shall be waked out of their Graves, when the Angel shall blow the last Trump, (*1 Cor.* xv. 52.) and all that are then *quick*, and alive, shall then appear before thee: All Glory be to thee.

I believe, Lord, that I, and all the World, shall give a strict Account of all our Thoughts, and Words, and Actions; that the Books will be then opened; that out of those dreadful Registers we shall be judged (*Rom.* xiv. 10. *Mat.* xii. 36. *Rev.* xx. 12.); that *Satan* and our own Consciences will be our Accusers. O let the last Trump be ever sounding in my Ears, that I may ever be mindful of my great Account (*Eccles.* xii. 13, 14.); and that I may neither speak, nor do, nor think, any thing, that may wound my own Conscience, or provoke thy Anger, or make me tremble at the awful Day.

I know, O thou adorable Judge, that Love only shall then endure that terrible Test, that Love only shall be acquitted, that Love only shall be eternally blest; and therefore, I will ever praise and love thee.

Glory

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Glory be to thee, O thou beloved Son of God, to whom *the Father has committed all Judgment*, John v. 22.

How can they that love thee, O Jesu, ever despond, though their Love in this Life is always imperfect, when at last they shall have Love for their Judge, Love that hath felt and will compassionate all their Infirmities: And therefore, all Love, all Glory, be to thee.

I believe in the Holy Ghost.

I believe in thee, O thou Spirit The Third Person of God, the Third Person in the son in the Tri- most adorable Trinity; I believe, nity.

O blessed Spirit, that thou art the Lord, (2 Cor. iii. 17, 18.) that thou art God, (John iv. 24. Acts v. 3.) eternal, (Heb. ix. 14.) and omniscient, (1 Cor. ii. 10.) a Person distinct from both the Father and the Son, eternally proceeding from both, (Mat. x. 20. Rom. viii. 9.) and equally sent by both, (John xiv. 26. xvi. 7.) and joint Author with both of our Salvation; and therefore, all Love, all Glory, be to thee.

I believe, O blessed Spirit, that thou art Holy, essentially Holy, (1 Pet. i. 15.) in respect of thy own Divine Nature; and being essentially Holy, art infinitely amiable; and therefore, all Love, all Glory, be to thee.

I believe, O blessed Spirit, that thou art personally Holy, that thou art the Author of all internal Holiness, and of all internal and sanctifying Grace (Gal. v. 22.); that thou art the Principle of
of

of all spiritual Life in us (*John* iii. 5.); and therefore, all Love, all Glory, be to thee.

Glory be to thee, O Love incarnate, for sending the Spirit in thy stead, and for promising it to our Prayers (*Luke* xi. 13.): All Love, all Glory, be to thee.

Glory be to thee, O Spirit of Love, for *shedding the Love of God abroad in our Hearts*, (*Rom.* v. 5.) for filling all that love thee with Exuberance of Joy and Consolation: All Love, all Glory, be to thee.

O thou blessed Spirit the Comforter, purify my Soul, and infuse thy Love into it, and consecrate it to be thy Temple, (*1 Cor.* vi. 19.) and fix thy Throne immoveably there, and set all my Affections on Fire, that my Heart may be a continual Sacrifice of Love offer'd up to thee, and the Flame may be ever aspiring towards thee.

The Holy Catholick Church.

Our Belief of the Church. 1. *Militant.* Its Nature. I believe, O blessed and adorable Mediator, that the Church is a Society of Persons, founded by thy Love to Sinners, (*Mat.* xvi. 18. *Eph.* v. 25.) united into one Body, of which thou art the Head, (*Col.* i. 18.) initiated by Baptism, (*Mat.* xxviii. 19.) nourished by the Eucharist, (*Mat.* xxvi. 26.) governed by Pastors commissioned by thee, and endowed with the Power of the Keys, (*Mat.* xviii. 18. *John* xx. 22, 23.) professing the Doctrine taught by thee, (*Acts*

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(*Acts* ii. 41, 42——) and delivered to the Saints, (*Jude* iii.) and devoted to praise and to love thee.

I believe, O Holy Jesus, that thy Church is holy, like thee its Author ; holy, by the original Design of its Institution (*2 Tim.* i. 9.) ; holy, by baptismal Dedication ; holy, in all its Administrations, which tend to produce Holiness (*2 Tim.* ii. 19.) ; and though there will be always a Mixture of Good and Bad in it in this World, (*Mat.* xiii. 24.) yet it has always many real Saints in it ; and therefore, all Love, all Glory, be to thee.

I believe, Lord, this Church to be Catholick or Universal, made up of the Collection of all particular Churches ; I believe it to be Catholick in respect of Time, comprehending all Ages to the World's End, to which it is to endure (*Mat.* xvi. 18. xxviii. 20.) ; Catholick in respect of all Places, out of which Believers are to be gathered (*Mat.* xxviii. 19.) ; Catholick in respect of all saving Faith, of which this Creed contains the Substance, which shall in it always be taught (*John* xvi. 13.) ; Catholick in respect of all Graces, which shall in it be practised ; and Catholick in respect of that Catholick War it is to wage against all its ghostly Enemies for which it is called Militant. O preserve me always a true Member of thy Catholick Church, that I may always inseparably adhere to thee, that I may always devoutly praise and love thee.

Glory be to thee, O Lord my God, who hast made me a Member of the particular Church of *England*, whose Faith, and Government,
and

and Worship, are Holy, and Catholick, and Apostolick, and free from the Extremes of Irreverence or Superstition; and which I firmly believe to be a sound Part of thy Church Universal, and which teaches me Charity to those who dissent from me; and therefore, all Love, all Glory, be to thee.

O my God, give me Grace to continue steadfast in her Bosom, to improve all those Helps to true Piety, all those Means of Grace, all those Incentives of thy Love, thou hast mercifully indulged me in her Communion, that I may with primitive Affections and Fervour praise and love thee.

The Communion of Saints,

Communion. I believe, O King of Saints, that among the Saints on Earth, whether real, or in outward Profession only, there ought to be a mutual Catholick Participation of all good Things, (1 *John* i. 7.) which is the immediate Effect of Catholick Love. Thou, O God of Love, restore it to thy Church.

I believe, O thou God of Love, that all the Saints on Earth, by Profession, ought to communicate one with another in evangelical Worship, and the same Holy Sacraments, in the same Divine and Apostolical Faith, (*Acts* ii. 42, 46.) in all Offices of corporal (*Gal.* vi. 10.) and spiritual Charity, (*Rom.* xii. 9, &c. 1 *Thess.* v. 14. *Heb.* x. 25.) in reciprocal Delight in each other's Salvation, and in tender Sympathy as Members of one and the same Body (1 *Cor.* xii. 13, 26.)

O God

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O God of Peace, restore in thy good time this Catholick Communion, that with one Heart, and one Mouth, we may all praise and love thee.

O my God, amidst the deplorable Divisions of thy Church, O let me never widen its Breaches, but give me Catholick Charity to all that are baptized in thy Name, and Catholick Communion with all Christians in Desire. O deliver me from the Sins and Errors, from the Schisms and Heresies of the Age. O give me Grace to pray daily for the Peace of thy Church, (*Psal.* cxxii. 6.) and earnestly to seek it, and to excite all I can to praise and to love thee.

I believe, O most holy Jesu, that thy Saints here below have Communion with thy Saints above, (*Heb.* xii. 22.) they praying for us in Heaven, we here on Earth celebrating their Memorials, rejoicing at their Bliss, giving thee Thanks for their Labours of Love, and imitating their Examples; for which, all Love, all Glory, be to thee.

I believe, O gracious Redeemer, that thy Saints here on Earth have Communion with the holy Angels above; that they are *ministering Spirits*, (*Heb.* i. 14.) *sent forth to minister for them who shall be Heirs of Salvation*, and watch over us (*Psal.* xxxiv. 7.); and we give Thanks to thee for their Protection, and emulate their incessant Praises, and ready Obedience; for which, all Love, all Glory, be to thee.

I believe, O my Lord, and my God, that the Saints in this Life have Communion with the Three Persons of the most adorable Trinity,
(1 *John*

(1 *John* i. 3. *Phil.* ii. 1.) in the same most benign Influences of Love, in which all Three conspire ; for which, all Love, all Glory, be to thee, O Father, Son, and Holy Ghost, World without End.

Glory be to thee, O Goodness infinitely diffusive, for all the Graces and Blessings in which the Saints communicate, for breathing thy Love into thy mystical Body, as the very Soul that informs it, that all that believe in thee may love one another, and all join in loving thee.

The Forgiveness of Sins.

Reconciliation with God. I believe, O my God, that none can forgive Sins but thou alone, (*Mark* ii. 7.) and that in thy Church Forgiveness is always to be had ; and for so inestimable a Blessing, all Love, all Glory, be to thee.

I believe, O thou Lover of Souls, that without true Repentance we cannot hope for Pardon (1 *John* i. 9.) ; that our Repentance is, at the best, imperfect ; that it is out of thy mere Mercy, O heavenly Father, (*Tit.* iii. 4, 5.) and for the Merits and Passion of thy crucified Son, (1 *Pet.* i. 18.) that thou dost accept our imperfect Repentance, and art pleased to forgive us ; and therefore, all Love, all Glory, be to thee.

Glory, be to thee, O most adorable Trinity, for thy infinite Love in our Forgiveness (*Rom.* v. 8, 10.) ; Glory be to thee, O Father forgiving, O Son propitiating, O Holy Ghost purifying : I miserable Sinner, who sigh, and pant,
and

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and languish, for thy Forgiveness, and to be at Peace with thee, (*Rom. v. 1.*) praise, and adore, and love that most sweet, and liberal, and tender, and amiable Mercy, that delights in forgiving Sinners.

The Resurrection of the Body.

I believe, O victorious Jesu, 2. Triumphant that by the Virtue of thy Re- Resurrection. surrection all the Dead shall rise, (*1 Cor. xv. 20. John v. 28, 29.*) bad as well as good : All Love, all Glory, be to thee, by whom *Death is swallowed up in Victory*; *1 Cor. xv. 54.*

I believe, O Almighty Jesu, that by thy Power all shall rise with the same Bodies they had on Earth (*John xix. 26.*) ; that thou wilt recollect their scattered Dust into the same Form again ; that our Souls shall be reunited to our Bodies ; that we shall be judged both in Body and Soul, for the Sins committed by both ; that the Bodies of the Wicked shall be fitted for Torment, and the Bodies of the Saints changed in Quality, and made glorified Bodies, (*1 Cor. xv. 35. Phil. iii. 21.*) immortal and incorruptible, fitted for Heaven, and eternally to love and enjoy thee ; for which glorious Vouchsafement, I will always praise and love thee.

And the Life everlasting.

I believe, O great Judge of Happiness eternal. Heaven and Earth, that after all the Quick and Dead have appeared before thy Judgment-

Judgment-seat, then the most just and unrepealable Sentence shall pass, and be executed to all Eternity, joyful only to those that love thee; and therefore, all Love, all Glory, be to thee.

I believe, O righteous Jesu, that the Wicked shall be set on thy *Left-hand*, and be damned to Hell, to be tormented with everlasting and unconceivable Anguish and Despair, by the Devil and his Angels, (*Mat. xxv. 41.*) and their own Conscience, both in Soul and Body, in the Lake of Fire and Brimstone, (*Rev. xiv. 10, 11* —) from which there never can be any Redemption; O just Reward of those that do not love thee!

O merciful Jesu, how desirous art thou, that we shall be happy in loving thee, when thou hast created Hell on Purpose to deter us from hating thee, and Heaven to compel us to love thee! And therefore, all Love, all Glory, be to thee.

I believe, O my Lord and my God, that the Righteous shall be rewarded with *Joys unspeakable and full of Glory*, with the beatifick Vision and Love of thyself in Heaven, (*1 John iii. 2. 1 Cor. xiii. 12.*) with a Happiness of Body and Soul, which shall be in all respects most perfect, eternal, and unchangeable (*1 Pet. i. 4.*); that they shall never sorrow nor sin more (*Rev. xxi. 4.*); which is all the free Gift of thy infinite Love, (*Mat. xxv. 34.*) O heavenly Father, and the Purchase of thy Blood, O God incarnate; for which I will ever, to the utmost of my Power, adore and love thee.

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O boundless Love, when shall I love thee in Heaven, without either Coldness or Interruption, which, alas! too often seize me here below?

When, O my God, O when shall I have the transporting Vision of thy most amiable Goodness, that I may unalterably love thee, that I may never more offend thee?

O *thou whom my Soul loveth*, I would not desire Heaven but because thou art there; for thou makest Heaven where-ever thou art.

I would not, O Jesu, desire Life everlasting, but that I may there everlastingly love thee.

O inexhaustible Love, do thou eternally breathe Love into me, that my Love to thee may be eternally increasing, and tending towards Infinity, since a Love less than infinite is not worthy of thee.

Amen.

O thou great Author and Finisher of our Faith, do thou daily increase my Faith, and heighten my Love; O grant, that in holy Ardours of Love, to Love crucified, my Love may at last ascend to the Region of Love, that I may have nothing to do, to all Eternity, but to praise and to love thee, *Amen.* O infinite Love, *Amen, Amen.*

This Office may be divided into several Parts, and used on the Lord's Days, or on Holy-days, especially on the great Festivals of Christmas, Easter, Pentecost, in Lent also, and particularly on Good-Friday, and before the Reception of the blessed Sacrament, as is most suitable to the Occasion, or to the State, Temper, and Disposition, of every devout Soul.

Q. You

The Fruits of
Love.

Q. You said that your God-fathers and Godmothers did promise for you, that you should keep God's Commandments.

Tell me how many there be.

A. Ten.

Q. Which be they?

A. The same which God spake in the Twentieth Chapter of Exodus, saying, I am the Lord thy God, who brought thee out of the Land of Egypt, out of the House of Bondage.

I. Thou shalt have none other Gods but me.

II. Thou shalt not make to thyself any graven Image, nor the Likeness of any thing that is in Heaven above, or in the Earth beneath, or in the Water under the Earth. Thou shalt not bow down to them nor worship them. For I the Lord thy God am a jealous God, and visit the Sins of the Fathers upon the Children, upon the Third and Fourth Generation of them that hate me, and shew Mercy unto Thousands, in them that love me, and keep my Commandments.

III. Thou shalt not take the Name of the Lord thy God in vain: For the Lord will not hold him guiltless, that taketh his Name in vain.

IV. Remember that thou keep holy the Sabbath-day. Six Days shalt thou labour, and do all that thou hast to do; but the

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Seventh Day is the Sabbath of the Lord thy God. In it thou shalt do no manner of Work, thou, and thy Son, and thy Daughter, thy Man-servant, and thy Maid-servant, thy Cattle, and the Stranger, that is within thy Gates: For in Six Days the Lord made Heaven and Earth, the Sea, and all that in them is, and rested the Seventh Day, wherefore the Lord blessed the Seventh Day, and hallowed it.

V. Honour thy Father and thy Mother, that thy Days may be long in the Land which the Lord thy God giveth thee.

VI. Thou shalt do no Murder.

VII. Thou shalt not commit Adultery.

VIII. Thou shalt not steal.

IX. Thou shalt not bear false Witness against thy Neighbour.

X. Thou shalt not covet thy Neighbour's House, thou shalt not covet thy Neighbour's Wife, nor his Servant, nor his Maid, nor his Ox, nor his Ass, nor any thing that is his.

Q. What dost thou chiefly learn by these Commandments?

A. I learn Two Things: My Duty towards God, and my Duty towards my Neighbour.

Q. What is thy Duty towards God?

A. My Duty towards God is,

I. II. To believe in him, to fear him, and to love him, with all my Heart, with all my Mind, with all my Soul, and with all

my Strength: To worship him; to give him Thanks, to put my whole Trust in him, to call upon him.

III. *To honour his Holy Name and his Word:*

IV. *And to serve him truly all the Days of my Life.*

Q. *What is thy Duty towards thy Neighbour?*

A. *My Duty towards my Neighbour is, To love him as myself, and to do to all Men as I would they should do to me:*

V. *To love, honour, and succour my Father and Mother: To honour and obey the King, and all that are put in Authority under him: To submit myself to all my Governors, Teachers, spiritual Pastors and Masters: To order myself lowly and reverently to all my Betters:*

VI. *To hurt nobody by Word or Deed:*

VII. *To be true and just in all my Dealings:*

VIII. *To bear no Malice nor Hatred in my Heart:*

IX. *To keep my Hands from Picking and Stealing:*

X. *And my Tongue from Evil-speaking, Lying and Slandering:*

XI. *To keep my Body in Temperance, Sobriety and Chastity:*

XII. *Not to covet nor desire other Mens Goods, but to learn and labour truly to get mine*

mine own Living, and to do my Duty in that State of Life unto which it shall please God to call me.

Q. You have shewed me how the Creed presents to us the Motives ; shew me next how the Ten Commandments contain the Fruits or Effects of Divine Love.

A. Jesus our Love, the great Prophet of Love, has given us this Trial of our Love, *If ye love me, keep my Commandments*, John xiv. 15.

Q. Are there not some general Rules, very useful to be observed, in expounding the Commandments ?

A. Divine Love does suggest to us the best Rules, and is the best Expositor to teach us the full Importance of every Command.

Q. Shew me how.

A. The Love of God does necessarily include these Two Things ; A Tenderneſs to please, and a Fearfulness to offend our Beloved : And this Love will be a ſure Guide to us, in both the affirmative and negative Part of each Command.

Q. Expreſs this more diſtinctly.

A. I do it in theſe following Particulars.

1. O my God, when in any Rules for ex- of thy Commands a Duty is pounding the enjoined, Love tells me the con- Commandments, trary Evil is forbidden ; when any Evil is forbidden, Love tells me the contrary Duty is enjoined (2 Cor. vi. 14.) O do thou daily increaſe my Love to Good, and my Antipathy to Evil.

D

2. Though

2. Though thy Commands and Prohibitions, O Lord, are in general Terms, yet let thy Love direct my particular Practice, and teach me, that in one General are implied all the Kinds, and Degrees, and Occasions, and Incitements, and Approaches, and Allowances, relating to that Good or Evil, which are also commanded (*Mat. v. 21, 22, 28. 1 Thess. v. 22.*) or forbidden, and give me Grace to pursue, or to fly them.

3. O my God, keep my Love always watchful, and on its Guard, that in thy negative Precepts I may continually resist Evil; keep my Love warm with an habitual Zeal, that in all thy affirmative Precepts I may lay hold on all Seasons and Opportunities of doing Good.

4. Let thy Love, O thou that only art worthy to be beloved, make me careful to persuade and engage others to love thee, and to keep thy Commandments as well as myself, *Heb. x. 24. Mat. v. 16.*

5. None can love thee, and endeavour to keep thy holy Commands, but his daily Failings in his Duty, his frequent involuntary and unavoidable Slips, and Surreptions, and Wanderings, afflict and humble him (*Prov. xxiv. 16.*); the Infirmities of lapsed Nature create him a kind of perpetual Martyrdom, because he can love thee no more, because he can so little serve thee.

But thou, O most compassionate Father, in thy Covenant of Grace dost require Sincerity, (*2 Cor. viii. 12.*) not Perfection; and therefore I praise and love thee.

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O my God, though I cannot love and obey thee as much as I desire, I will do it as much as I am able: I will, to the utmost of my Power, keep *all thy Commandments, with my whole Heart, and to the End* (Psal. cxix. 2, 6, 112.) O accept of my imperfect Duty, and supply all the Defects of it by the Merits, and Love, and Obedience, of Jesus thy Beloved.

6. Glory be to thee, O thou supreme Law-giver, for delivering these Commands to sinful Men; they are the Words which thou thyself, O great *Jehovah*, didst *speak*. O let me ever have an awful Regard for every Word thou hast spoken: O let me ever love thee for speaking them, and for giving us the Laws of Love.

7. Glory be to thee, O Lord God, who, to make every one of us sensible of our Obligation, hast given all thy Commands in the second Person, and by saying *Thou*, hast spoken in particular to every Soul, that every Soul might love and obey thee.

Glory be to thee, O my God, who in this short Abstract, in these Ten Commandments, hast comprised the full Extent of our Duty, all the Effects of Divine Love.

Teach me, O Lord, to examine my Love by thy Commands, that I may know how to please thee, that I may know wherein I have offended thee, and grieve for my Offences, that I may bewail all my Commissions of Sin, all my Omissions of Duty.

Teach me, O Lord, by this thy Law, which is the Rule of Love, and of all my Actions, to

examine not only my several Sins, but also all their several Aggravations, whether they have been wilful, or known, or frequent, or obstinate, or habitual, or ensnaring to others, that Love may shed the more Tears, and in some measure proportion my Contrition to my Guilt.

8. Glory be to thee, O Lord God, who givest us Christians higher Obligations to keep thy Commands, than thou didst to the *Jews*: They had only the Memory of their temporal Deliverance out of the Land of *Egypt*, and the House of Bondage, set before them; we are delivered out of spiritual *Egypt*, from the Bondage of Sin, the Power of *Satan*, and the Torments of Hell. O give us Grace to exceed them as much in our Love, and Thanksgiving, and Obedience, as we do in our Blessings.

9. Glory be to thee, O great *Jehovah*, who, to constrain us to love and obey thee, art pleased to honour every faithful Soul with a near and intimate Propriety in thyself, and graciously to declare, *I am the Lord thy God*.

O merciful Lord, what is it possible for me to desire more than to have thee for my God (*Gen. xvii. 7. Deut xxvi. 17. Exod. xix. 5, 6.*)? If thou be my God, the Relation ought to be mutual, and I must be thy Servant: Lord, be thou mine, and I will be for ever thine.

My Beloved is mine, and I am his.

My God, my Father, my Friend, my Love, whatever is thine I will love; and particularly thy Law will I love for teaching me to love thee; thy Law I will highly esteem, and diligently

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gently read and study; thy Law shall be daily *my Delight, my Counsellor, and my Meditation*, Psal. cxix. 24, 97.

O my good God, keep me always thine, and let nothing ever divorce me from thy Love.

Q. You have laid down proper Rules for interpreting the Commandments: Shew me how they are divided.

A. Into Two Sorts, or Tables, suitable to the Two Respects they have to God, and to our Neighbour.

Q. Begin with the First Table, The First Table, and shew me the Number of the Commands which it contains.

A. It contains the Four First Commands, which relate to God, and teach us the Worship of God, even that reverential Love we are to pay to God, which naturally arises from a true Sense of his infinite both Goodness and Greatness.

This Worship of God is either inward or outward.

The inward Worship, being that of the Heart, is the nobler of the Two; and this, together with the right Object of our Worship, is taught, in the First Commandment, as the Foundation of all the rest.

The outward is comprised in the Three following, which teach us the Regulation of God's Worship in reference to our Gestures in the Second, to our Tongues in the Third, to our Time in the Fourth.

Q. Which are the Duties of the Second Table?

A. They are the Six remaining Commands, which do all relate to our Neighbour, of which I shall speak in their due Place.

Q. What have you farther to observe of the Commandments in general?

A. 'Tis observable, that those which refer to God are put first, to teach us, that the Love of God is the chief and original Command, and ought chiefly to be studied; and to teach us also, that all the Duties of the Second Table must yield to the First, whenever they stand in any Competition, *Luke xiv. 26.*

Q. Go all over the Ten Commandments in particular, and shew me how they are all the genuine Fruits and Effects of Divine Love, exercised either in doing Good, or eschewing Evil.

A. I shall gladly do it, and as distinctly as I possibly can, taking every Commandment apart.

The First Commandment.

Duties com-
manded.

O thou, who only art *Jehovah*, if thou be my God, and if I truly love thee, I can never suffer any Creature to be thy Rival, or to share my Heart with thee; I can have *no other God*, no other Love, but only thee, *Mat. vi. 24.*

O infinite Goodness, thou only art amiable; whatever is amiable besides thee, is no farther amiable, than as it bears some Impressions on it of thy Amiableness; and therefore, all Love, all Glory, be to thee alone.

O my God, O my Love, instil into my Soul sointire reverential a Love of thee, (*Deut. x. 12.*)

that

that I may love nothing but for thy sake, or in Subordination to thy Love.

O Love, give me Grace to study thy Knowledge, (*John xvii. 3.*) that the more I love thee, the more I may love thee.

O my God, O my Love, do thou create in me a stedfast Faith (*Heb. xi. 1, 6.*) in the Veracity, a lively Hope (*1 Pet. i. 4.*) in the Promises, a firm Trust (*Psal. ix. 10.*) in the Power, a confident Reliance (*Psal. xxxiv. 8.*) on the Goodness, and a satisfactory Acquiescence (*Psal. lxiii. 1, 2, 5.*) in the All-sufficiency of thee my Beloved.

O my God, O my Love, do thou create in me an ardent Desire of thy Presence, (*Psal. xlii. 1.*) an heavenly Delight in the Fruition, (*Psal. xxxvii. 4.*) of thee my Beloved.

O my God, O my Love, fill my Heart with Thanksgiving (*Psal. xxxiv. 1.*) for the Blessings, Praise (*Psal. cxlvii. 1.*) of the Excellence, Adoration of the Majesty, (*Psal. xcix. 5.*) Zeal (*1 Cor. x. 31.*) for the Glory of thee my Beloved.

O my God, O my Love, fill my Heart with a Repentance (*Ezek. xviii. 20.*) for offending, with a constant Fear (*Psal. cxii. 1.*) of provoking thee my Beloved.

O my God, O my Love, fill my Heart with an affective Devotion (*Jam. v. 16.*) in Prayer, and with a profound Humility (*Psal. cxv. 1.*) in ascribing all Honour to thee my Beloved.

O my God, O my Love, create in me a sincere Obedience (*Mat. vii. 21.*) to all the Commands, a submissive Patience (*Psal. xxxix. 9.*)

under all the Chastisements, an absolute Resignation (*Mat. xxvi. 39.*) to all the Disposals of thee my Beloved.

O my God, O my Love, let thy all-powerful Love abound (*Phil. i. 9.*) in my Heart, and in the Hearts of all that profess thy Name, that in all these, and in all other possible Instances of thy Love, our Souls may be continually employed to praise and to love thee.

O my God, O my Love, let me ever be seeking Occasions to excite all I can (*Psal. xxxiv. 3. cvii. 8.*) to adore and love thee.

Sins forbidden. O my God, O my Love, I renounce, and detest, and bewail, as odious and offensive to thee, as directly opposite to thy Love, and to thy Glory,

All Self-Love, (*2 Tim. iii. 2.*) and inordinate Love of Things below, *1 John ii. 15.*

All wilful and affected Ignorance, *2 Thess. i. 8.*

All Atheism, (*Psal. xiv. 1.*) or having no God, and Polytheism, (*Jer. xvi. 11.*) or having more Gods than one.

All Heresy, (*2 Pet. ii. 1.*) Apostasy, (*Heb. x. 39.*) and Infidelity, *2 Thess. ii. 12.*

All Presumption (*Psal. l. 21.*) and Despair, (*Mat. xxvii. 5.*) Distrust, (*Psal. lxxviii. 22.*) and carnal Security, *Eccles. viii. 11.*

All voluntary Humility, and worshipping of Angels (*Col. ii. 18.*); Reliance on the Creature, (*Psal. liii. 7.*) or Recourse to evil Spirits, *Lev. xx. 6.*

All Unthankfulness (*2 Tim. iii. 2.*) and Irreligion, (*Psal. x. 4.*) Lukewarmness (*Rev. iii. 15, 16.*) and Indifference, *Zeph. i. 12.*

All

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All Impenitence (*Luke* xix. 41.) and Disregard of Divine Wrath, (*Isa.* v. 12.

All Indevotion (*Isa.* xxix. 13.) and Pride, (*Prov.* viii. 13.) Disobedience, (*Rom.* ii. 8.) Impatience and Murmuring, *1 Cor.* x. 10.

All the least Tendencies (*Psal.* cxli. 4.) to any of these Impieties.

From all these and the like hateful Violations of thy Love, and from that Vengeance they justly deserve, O my God, O my Love, deliver me, and deliver all faithful People.

O my God, O my Love, I earnestly pray, that thy Love may so prevail over our Hearts, that we may sadly lament and abhor all these Abominations, and may never provoke thee.

The Second Commandment.

O my God, O my Love, I know the true Love of thee is ^{Sins forbidden.} incommunicable to any but thee; and therefore, I renounce, and detest, and bewail, as odious and offensive to thee, as directly opposite to thy Love, and to thy Glory,

All making of Idols or false Gods, or of graven Images, with Intent of *worshipping and bowing down* before them, *Deut.* vii. 25, 26. xxvii. 15.

All Representations and Picturing of thee, O my God, by visible Likenesses of Things in Heaven or in Earth.

All corporeal Shapes, which are infinitely unsuitable to thy invisible and spiritual Nature, and derogatory from thy Adorableness, *Deut.* iv. 15. *Isa.* xl. 18. *Acts* xvii. 29.

All Idolatry (*Isa.* ii. 8, 9.) and religious Invocation of Creatures, *Rev.* xix. 10. xiv. 9, 10.

All Sacrilege (*Prov.* xx. 25.) and Profanations of thy House, and of Things sacred, *Mat.* xxi. 13.

All Abuse, or Disesteem, or Carelessness of thy Word, (*Mat.* xiii. 15. *Jam.* i. 22.) and Contempt of thy Ministers, *Luke* x. 16.

All superstitious or unlawful Rites, (*Jer.* x. 2, 3.) Superfluities or Mutilations, (*Deut.* iv. 2. *Psal.* cvi. 39.) Irreverence or Indecencies, (*Eccles.* v. 1. *Mal.* i. 7, 8, 14.) in thy publick Worship, by which thou art any way dishonoured.

All resting in mere outward Observances, (*Mat.* xv. 9, 11.) or refusing to give thee bodily *Worship*, and to *fall down* before thee, *Isa.* xli. 23.

All the least Tendencies to any of these Impieties.

From all these and the like Violations of thy incommunicable Love, and from that Vengeance they justly deserve; O my God, O my Love, deliver me, and deliver all faithful People.

O my God, O my Love, I earnestly pray, that thy Love may so prevail over our Hearts, that we may sadly lament and abhor all these Abominations, and may never more provoke thee.

Duties com-
manded. O my God, O my Love,
imprint on my Soul an awful
Love of thy Majesty, (*Isa.* viii.
13.) that I may *worship thee in Spirit and in Truth*,
(*John* iv. 24.) and in a manner worthy of thee.

O my

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O my God, O my Love, make me so tender of the Honour of thee my Beloved, that I may shew a due Regard to all the Parts of thy Worship :

That with lowest Humiliation of Soul and Body, (*Psal.* xcv. 6. *Mat.* xxv. 39.) whenever I appear in the Presence of infinite Love, *I may fall down and adore thee.*

O my God, O my Love, O may I always enter thy House, the Habitation of unbounded Love, with recollected Thoughts, composed Behaviour, becoming Reverence, and sincere Intentions of Love! *Gen.* xxviii. 17. *John* ii. 17.

O my God, O my Love, O may I ever frequent the publick Prayers, and approach thine Altar with fervent and heavenly Affections, with holy Impatience for the Blessings of thy Love! *Psal.* lxxxiv. 1, &c. xlviii. 9. xxxvi. 8. lxiii. 1, 2, 5.

O my God, O my Love, O may I always read and hear thy Word, the heavenly Register of thy Love, with a serious Attention, and inflammable Heart, and a particular Application, and ever learn from it some Lesson of thy Love! *Luke* viii. 15. 1 *Thess.* ii. 13.

O my God, O my Love, for thy dearest sake, give me Grace to pay a suitable Veneration (*Mat.* x. 40.) to all sacred Persons, or Places, (*Lew.* xix. 30.) or Things, (*Ezek.* xxii. 8, 26.) which are thine by solemn Dedication, and separated for the Uses of Divine Love, and the Communications of thy Grace, or which may promote the *Decency* and *Order* of thy Worship, or the *Edification* of faithful People, 1 *Cor.* xiv. 4, 26, 40.

O my God, O my Love, let thy all-powerful Love abound in my Heart, and in the Hearts of all that profess thy Name, that in all these, and in all other possible instances of thy Love, our Souls may be continually employed to praise and to love thee.

O my God, O my Love, let me ever be seeking Occasions to excite all I can, to adore and to love thee.

The Reason of
the Command-
ment.

Thou, O my God, O my Love, art *a jealous God*, jealous of thy own Honour, (*Deut. iv. 24. Isa. xlii. 8. Exod. xxxiv. 14, 15.*) and of the Chasteness of my Love : O let me never run after other Loves, or commit spiritual Adultery against thee, to provoke thee to Anger.

Thou, O my God, O my Love, dost *visit the Iniquities of the Fathers upon the Children* ; thou, when *thy Jealousy burns like Fire* (*Psal. lxxix. 5.*) against Idolaters, and those that rob thee of thy Worship, art wont to punish them in their very Posterity, with temporal Evils, and with spiritual too, when their Children tread in their Steps ; for then thou makest their Fathers Sins Occasions of hastening, or of increasing thy Judgments, tho' thou always sparest the Children that repent (*Isa. lxxv. 6, 7. Ezek. xviii. 17, 20. Jer. xxxi. 30.*) : O let thy just Indignation, against violating thy Worship, deter me, and all that profess thy Name, from such Violations.

Thy Jealousy, O my God, O my Love, falls heavy upon them that hate thee ; but how is it possible for any one to hate thee, who art infinite Love ?

Love? And yet, alas! all that are Enemies to thy Divine Worship; all that exalt any Lust, any Creature, into thy Throne, to ascribe their Happiness, to sacrifice their Esteem, and Zeal, and Affections, and to offer up sovereign Honours to it; what do they do but love false Gods, and hate thee, and are therefore hated by thee? *Deut. vii. 10.*

O Lord God, to hate thee is the proper Character of Devils, and *Lucifer* himself cannot sin beyond that utmost Extremity of Evil, the Hatred of thee; and my Heart is full of Horror and Grief, to think, that ever those that bear thy Image, and daily subsist by thy Love, should turn themselves into Devils, and this World into a Hell, by hating thee (1 *John* iii. 8. *Rom.* i. 30. *John* xv. 18.): O boundless Love, turn them, O turn them into Men again, and then they cannot chuse but love thee.

Glory be to thee, O my God, *who shewest Mercy to them that love thee and keep thy Commandments*: Love and Obedience always go together, and entail a Blessing on the Posterity of thy Lovers (*Deut. iv. 40.*): O keep me always one of that happy Number; O let me ever love and obey thee.

Glory be to thee, O Lord God, whose Love is more diffusive than thy Anger; thy Vengeance extends but to the *Third*, or, at most, the *Fourth Generation*, thy Mercy unto *Thousands*; and the more diffusive thy Love is, the more powerfully it moves us to praise and to love thee.

The Third Commandment.

Duties com-
manded,

O my God, O my Love, thy Name is thy own glorious and amiable Self, (*Psal.* lxxxiii. 18.) thy Divine Nature, and Perfections, and Works, most worthy to be adored, most worthy to be loved, (*Psal.* v. 11. xxix. 2. lxxii. 19. *Ezek.* xxxvi. 23. *Neb.* ix. 5.); and therefore I will always adore and love thy Name.

O my God, O my Love, may I ever have awful Thoughts of thee (*Psal.* cxi. 9.)! May I never mention thy venerable Name, unless on solemn, and just, and devout Occasions! May I never mention it on those Occasions without Acts of Love and Adoration! *Isa.* xii. 4. xlviii. 1.

O my God, O my Love, to love and to glorify thy Name, is the great End of our Creation, which is still more enforced by our Redemption: O let it be the greatest Business of my whole Life to love and to glorify it all the possible Ways I can, by my Mouth, (*Psal.* li. 15.) by my Conversation, (*Mat.* v. 16.) by my publick Confession of thee before Men, even to Death, (*Mat.* x. 32. 1 *Pet.* iii. 15.) whenever thou art pleased to call me to it, by engaging all I can to glorify and love thee. O happy Life, O blessed Death, which is spent, and expires, in glorifying, in loving thee!

O my God, O my Love, my Heart shall ever be jealous of thy Name (1 *Kings* xix. 10.) I can have no true Love, no real Concern for thee if I do not, to the utmost of my Power, assert

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assert and vindicate the Name of my Beloved, whenever I hear it dishonoured.

O my God, O my Love, fix in my Soul an habitual pure Intention of thy Glory in all my Actions, *that whether I eat or drink, or whatever I do, I may do all to the Glory* (1 Cor. x. 31.) of my Beloved.

Oaths.

O my God, O my Love, fill The Honour of me with a religious Awe of God's Name is Oaths, in which the Honour of more particularly thy beloved Name is so highly Oaths. concerned.

I know, O great *Jehovah*, that in an Oath I solemnly invoke thee, as a Witness to attest the Truth of what I swear, (*Gen. xxxi. 50, 53.*) as a Judge to punish me, if I swear falsely.

Far be it from me, O Lord God, ever to swear, and in Swearing to invoke thee, unless upon Inducements lawful and important, when thy Glory, (*Deut. vi. 13.*) the Command of my Superiors, the visible Good of my Neighbour, *the Ending of Strife*, (*Heb. iv. 16.*) or my own Innocence, obliges me to do it!

O Lord God, whenever I am duly called, to an assertory Oath, grant I may swear *in Truth, in Righteousness, and in Judgment*, Jer. iv. 2.

Whatever lawful promissory Oaths I take, Lord, give me Grace conscientiously to perform them, *though to my own Hindrance*, Psal. xv. 4. 2 Sam. xxi. 7.

Vows.

Vows.

And in Vows. The Glory of thy most beloved Name, O great *Jehovah*, next to the Truth of our Oaths we invoke thee to attest, is concerned in the Sincerity of those Vows we offer thee to accept (*Ecceles. v. 5.*): O do thou therefore create in me a serious Sense of the Religiousness of Vows, that my Vows may not dishonour thee.

O my God, O my Love, whenever I voluntarily vow a Vow to thee, give me Grace to vow with all the due Caution I can, that I may vow those Things only which are lawful and acceptable to thee, (*Gen. xxiii. 20, 21, 22.*) and which thou hast put in my Power, (*Num. xxx. 5, 8.*) that I may vow with Deliberation and ghostly Advice, and on weighty and considerable Occasions only, and with a Design of Glory, (*Psal. cxxxii. 2.*) and Thankfulness, and Love, to thee

O my God, O my Love, give me Grace faithfully to perform all the Vows I make to thee, (*Psal. lxi. 8.*) especially my baptismal Vow, and all my repeated Vows of Amendment, in which I have so often vowed to glorify and love thy Name.

O my God, O my Love, let thy all-powerful Love abound in my Heart, and in the Hearts of all that profess thy Name, that in all these, and in all other possible Instances of thy Love, our Souls may be continually employed to praise and to love thee.

O my

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O my God, O my Love, let me ever be seeking Occasions to excite all I can to adore and love thee.

O my God, O my Love, who ^{Sins forbidden.} is there that knows thy great, thy beloved Name, can ever in the least dishonour it? *Deut.* xxviii. 58.

O my God, O my Love, I renounce, and detest, and bewail, as odious and offensive to thee, as directly opposite to thy Love, and to thy Glory,

All taking of thy Name in vain.

All Use of it on trivial Occasions, and without holy Awe, *Psal.* cxxxix. 20.

All Abuse of it in impious Jest, in Charms, or Curses, or Imprecations, or telling Fortunes, or exploratory Lots (*Deut.* xviii. 10, 11, 12.); all irreverent Thoughts of thy Name, (*Psal.* x. 11, 13. l. 21.) Profaneness and Blasphemy, *James* ii. 7. *Lev.* xxiv. 16.

All denying thee by my Works, (*Tit.* i. 16.) or refusing publickly to confess thee, when called to it, (*John* xii. 42.) or tamely enduring to hear thee dishonoured *Psal.* cxxxix. 21.

All heathenish, or customary, or rash Oaths, or Swearing in ordinary Communication, or by any Creature, *Mat.* v. 34, 35, 36, 37.

All breaking of lawful Oaths, Perjury, false Swearing, and invoking thee, O God of Truth, to attest a Lye, Sins most destructive to publick Faith and Society, and to our own Souls, and most dishonourable and hateful to thee, *Zech.* viii. 17. v. 4. *Jer.* xxiii. 10. *Hos.* iv. 2, 3.

All

All hasty, or unlawful, or superstitious, or impossible Vows, (*Mal.* i. 14. *Jer.* xlv. 25.) all breaking those that are regularly made, *Psal.* xxii. 25.

All the least Tendencies to any of these Impieties.

From all these, and the like hateful Violations of thy Love, and from that Vengeance they justly deserve, O my God, O my Love, deliver me, and deliver all faithful People.

O my God; O my Love, I earnestly pray, that thy Love may so prevail over our Hearts, that we may sadly lament and abhor all these Abominations, and may never more provoke thee. The Threat annexed to the great *Jehovah*, thou art jealous for thy glorious and beloved Name; and without a particular and serious Repentance, thou wilt not hold him guiltless, that taketh it in vain; thou wilt pour on him the Phials of thy Wrath, thy Wrath eternal (*Psal.* lxxiv. 10, 18, 22, 23.); and yet thy ever blessed Name, is, alas! alas! daily, hourly, blasphemed, *Isa.* lii. 5.

O apostate, infamous World, wherein infinite Goodness is so often blasphemed! Were not thy Name Love, (1 *John* iv. 8.) O Lord, as well as *Jehovah*, thou hadst long ago avenged thyself of the blasphemous World, with a Vengeance worthy of God.

Glory be to thee, O long-suffering Love, for thy Forbearance, efficacious of itself to convert the whole World, did the World but seriously consider it.

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O Almighty Love, thou canst as easily diffuse thy Love over the World, as thou didst at first diffuse Light: O let thy Fear, and thy Love, so universally affect the Age, that thy great and beloved Name may be universally adored and loved.

The Fourth Commandment.

Glory be to thee, O my God, Duties com-
O my Love, who, in Compassion to human Weakness, which is not capable of an interrupted Contemplation of thee, such as the Saints have above, hast appointed a solemn Day on purpose for thy Remembrance.

Glory be to thee, O my God, my Love, for proportioning a seventh Part of our Time to thyself, and liberally indulging the Remainder to our own Use.

O my God, O my Love, let me ever esteem it my Privilege, and my Happiness, to have a Day of Rest set apart for thy Service, (*Isa. lviii. 13.*) and the Concerns of my own Soul; to have a Day free from Distractions, disengaged from the World, wherein I have nothing to do, but to praise and to love thee.

Lord grant, that I may not only on thy Day give thee due Worship myself, but may give Rest and Leisure also to my Family, to all under my Charge, to serve thee also, (*Josb. xxiv. 15.*) to indulge Ease to my very Beasts, since good Men are merciful even to them, *Prov. xii. 10.*

Glory be to thee, O blessed Spirit, who on the First Day of the Week didst descend in miraculous Gifts and Graces on the Apostles
(*Acts*

(*Acts* ii. 1.): O descend upon me, that I may be always *in the Spirit on the Lord's Day*.

O my God, O my Love; give me Grace on thy Day to worship thee in my Closet, and in the Congregation, to spend it in doing Good, (*Mark* iii. 4.) in Works of Necessity, Devotion and Charity, in Prayer, and Praise, and Meditation: O let it ever be to me a Day sacred to Divine Love, a Day of heavenly Rest and Refreshment.

Thou, O my God, O my Love, didst ordain the Judaical Sabbath as a Shadow of the true Gospel-sabbath (*Col.* ii. 16, 17.): O may I every Day keep an Evangelical Sabbath, and rest from my Sins, which are my own Works, while I live here; and may I celebrate an eternal Sabbath with thee (*Heb.* iv. 9.) in Heaven hereafter!

O my God, O my Love, for the like Purposes of Piety, and of thy Glory, give me Grace to sanctify the Feasts and Fasts of thy Church, (*Psal.* xlii. 4. *Isa.* lviii. 6, 7, 8, 10.) as in the Number of those happy Days set apart for the Remembrance of thy Love.

Reason of the Commandment. Glory be to thee, O Lord God, who didst command the *Sabbath* or *Seventh Day* to be kept holy, and strictly observed by the *Jews* as thy Sabbath, in Memory of the Creation (*Gen.* ii. 2.); of thy making Heaven and Earth, the Sea, and all that in them is, and of thy resting the *Seventh Day*, of thy blessing the *Seventh Day* and hallowing it.

We Christians, O Lord God, following the moral Equity of thy Command, and authorized by

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by Apostolical Practice, (*Acts* xx. 7. 1 *Cor.* xvi. 2.) *celebrate the Lord's Day*, (*Rev.* i. 10.) *the First Day of the Week*, in Memory of our Redemption, in Memory of thy Resurrection from the Dead, O most beloved Jesu, when thou didst rest from the Labours and Sorrows of the new Creation (*Luke* xxiv. 1.): O may I ever remember thy Day, and thee!

Glory be to thee, O my God, my Love, who hast under the Gospel delivered us from the Rigours, but not from the Piety, of the Jewish Sabbath.

Lord, since the Blessing of everlasting Salvation, which we Christians on thy Day commemorate, does wonderfully exceed the Creation commemorated by the *Jews*; O let our Love, and Praise, and Devotion, and Zeal, proportionably exceed theirs also, *Mat.* v. 20.

O my God, O my Love, let thy all-powerful Love abound (*Phil.* i. 9.) in my Heart, and in the Hearts of all that profess thy Name, that in all these, and all other possible Instances of thy Love, our Souls may be continually employed to praise and to love thee.

O my God, O my Love, let me ever be seeking Occasions to excite all I can, to adore and love thee.

O my God, O my Love, I renounce and detest, and bewail, as odious and offensive to thee, as directly opposite to thy Love, and to thy Glory.

All Profanations of thy hallowed Day, and of all other holy

Sins forbidden.

Times

Times (*Ezek. xx. 13, 16, 24.*) celebrated to thy Praise and thy Love.

All Judaizing Severities, (*Mark ii. 24. Luke vi. 7.*) all Wordly-mindedness, and unnecessary Business, (*Neb. xiii. 15.*) or not allowing those under my Care, Liberty and Leisure for thy Service (*Deut. xii. 7.*) on thy Day.

All Unmercifulness to my very Beasts, *Luke xiii. 15.*

All Indevotion, or Forgetfulness of thee, *Deut. vi. 12. viii. 14.*

All the least Tendencies to any of those Impieties.

From all these, and the like hateful Violations of thy Love, and from that Vengeance they justly deserve, O my God, O my Love, deliver me, and deliver all faithful People.

O my God, O my Love, I earnestly pray, that thy Love may so prevail over our Hearts, that we may sadly lament and abhor all these Abominations, and may never more provoke thee.

The Second Table. Next to thy glorious Self, O my God, O my Love, and for

the sake of thy supreme, independent Love, thou hast commanded me to love my Neighbour, allied to me by Nature, or by Grace, all Strangers and Enemies, as well as Friends (*Luke x. 29, 30.*); to honour all Men, as being made after thy Likeness, and the greater Likeness they retain to thee, to honour them the more (*1 Pet. ii. 17.*): Glory be to thee.

Thou, O my God, O my Love, hast commanded me to love my Neighbour as myself: O
for

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For the sake of thy Love, give me Love to relieve and assist him in all Instances wherein I may need my Help, as freely, as fully, as affectionately, as I myself would desire to be treated, were I in his Condition, *Mat. vii. 12.*

O my God, O my Love, for the sake of thy dearest Love, give me Grace to love my Neighbour, *not in Word, and in Tongue only, but in Deed and in Truth* (1 John iii. 18.); to wish well to all Men, and to contribute my hearty Prayers and Endeavours, and to give them, for thy sake, all lawful, and reasonable, and necessary Succours, *Col. iii. 12.*

Glory be thee, O my God, O my Love, who commanding me to love my Neighbour as myself, dost imply the regular Love of myself (*Eph. v. 29.*); that I should do all I can to preserve myself free and vigorous to glorify thee in my Station: 'Tis for thy sake only I can love myself, and he does not wish or endeavour his own Happiness, he really hates himself, that does not love thee.

Thou, Lord, by enjoining me to love my Neighbour as myself, hast intimated my Duty of loving those best, which either in Blood are nearest my natural Self, or in Grace nearest my Christian Self: O let thy Love teach me to observe the true Order of Charity in loving others.

O thou eternal Source of Goodness, give me Grace to imitate that boundless Goodness; let thy Love work in me an universal Propension to love, and to do Good to all Men; *to be merciful to others, as thou, Lord, art merciful, Luke vi. 36.*

2. Shew

Q. Shew me how the Love of your Neighbour is in the Second Table divided.

A. The Love of my Neighbour, which is the Fulfilling of the Law of all the Commands of the Second Table, is divided according to those different Conditions of our Neighbour, wherein we most exercise our Love or Hatred to him.

Q. In how many ruling Instances may we exercise that Love or Hatred?

A. Either in outward Acts, or inward Disposition.

Q. How in outward Acts?

A. Five several Ways, in respect of his Superiority, in the Fifth Commandment.

His Safety, in the Sixth.

His Bed, in the Seventh.

His Propriety, in the Eighth; or,

His good Name, in the Ninth.

Q. How in our inward Disposition?

A. By regulating our very Desires in relation to him, as the Tenth obliges us to do.

Q. Let me hear how Divine Love moves in each of these Commands?

A. It moves in such Acts as follow.

The Fifth Commandment.

Duties com-
manded in gene-
al.

Let thy reverential Love, O my God, teach and incline me to shew respectful Love to all my Superiors, in my inward Esteem, in my outward Speech and Behaviour, 1 Pet. ii. 17.

Glory be to thee, O Lord, who hast comprehended all that are above thee, under the tender and venerable Names of *Father* and *Mother*, that
I look-

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looking on them as Resemblances and Instruments of thy sovereign Power and paternal Providence to me, may be the more effectually engaged for thy sake to reverence and love them.

O my God, give me Grace to imitate thy paternal Goodness, In particular, of natural Parents, and for the sake of thy Love, to love and cherish, and provide for, to educate, and instruct, and pray for my Children (*Deut. vi. 6, 7. Eph. vi. 4. Col. iii. 22. 2 Cor. xii. 14.*); to take conscientious Care to give them medicinal Correction, and good Example, and to make them thy Children, that they may truly love thee.

O my God, give me Grace, Of Children. for the sake of thy Love, to honour my Father and Mother, to render them all Love and Thankfulness, and all that Regard which is due from a Child, (*Eph. vi. 1, 2, 3. Col. iii. 20.*) that I may pay Obedience to their Commands, Submission to their Corrections, Attention to their Instructions, and Succour to their Necessities, (*Mat. xvi. 4, &c.*) and may daily pray for their Welfare.

Thou, O Lord, hast set our Of political Pa-
most gracious King over us (*Prov. rents. The King. viii. 15.*) as our political Parent, as thy supreme Minister, to govern and protect us, and to be a Terror to those that do Ill: O grant him a long and happy Reign, *that we may all live a peaceable and quiet Life under him, in all Godliness and Honesty* (*1 Tim. ii. 1, 2.*) Defend him from all his Enemies; let him be ever beloved by thee, and let him ever love thee, and ever promote thy Love.

E

Multiply,

The Royal Family. Multiply, O Lord God, the Blessings of thy Love on his Royal Highness the Prince of *Wales*, the Princess Dowager of *Wales*, and all the Royal Family: Give them Grace to exceed others, as much in Goodness as in Greatness, and make them signal Instruments of thy Glory, and Examples of thy Love.

Of Subjects. O my God, give Grace to me, and to all my Fellow-subjects, next to thy own infinite Self, to love and honour, to fear and obey our Sovereign Lord the King, thy own Vicegerent, *for Conscience-sake*, (Rom. xiii. 1, &c. 1 Pet. ii. 13. Tit. iii. 1.) and for thy own sake, who hast placed him over us: O may we ever faithfully render him his due Tribute; O may we ever pray for his Posterity, sacrifice our Fortunes and our Lives in his Defence, and be always ready rather to suffer than resist.

Of Ecclesiastical Parents. Glory be to thee, O Lord, who hast ordained Pastors, and hast given them the Power of the Keys; to be our ecclesiastical Parents; to watch over our Souls; to instruct us in saving Knowledge (*Mal. ii. 7.*); to guide us by their Examples; to pray for, and to bless us; to administer spiritual Discipline in thy Church, and to manage all the Conveyances of thy Divine Love.

Of the People under their Care. O my God, for thy Love's sake, let me ever honour and love the Ministers of thy Love, the *Embassadors thou dost send in thy stead, to beseech*

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beseech us Sinners to be reconciled to thee (2 Cor. v. 20.); to offer thy Enemies Conditions of Love, of Love eternal: O may I ever hear them attentively practise their heavenly Doctrine, imitate their holy Examples, pay them their Dues, and revere their Censures! *Heb. xiii. 7, 17. 1 Tim. v. 17.*

O my God, for the sake of thy *Ofæconomical* Love, grant I may ever love, and *Parents, Master* provide for my Servants, [Servant] and *Mistress*. and may treat them like Brethren; let me never exact from them immoderate Work: O may I always give them just Wages, and equitable Commands, and good Example, and merciful Correction: Grant, Lord, I may daily allow them Time for their Prayers, indulge them due Refreshments, and may take care of their Souls, and persuade them to love thee; remembering, *that I also have a Master in Heaven, Col. iv. 1. Eph. vi. 9.*

Give me Grace, O my God, *Of Servants.* for the sake of thy Love, to honour, and love, and obey my Master, [and *Mistress*] and to serve him [her] with Diligence and Faithfulness, and Readiness to please (1 *Tim. vi. 1, 2. Col. iii. 22, 23, 24. Eph. vi. 5, 6, 7, 8.*) and to pray for him [her, them]; *and whatever I do, to do heartily, as to thee, O Lord, and not to him [her, them].*

O my God, let thy Love *Of other Superi-
riors.* incline me to love, and to honour all whom thou hast any way made my Superiors, suitable to their Quality, (*Lev. xix. 32. 1 Tim.*

v. 1, 2, 3. 1 *Pet.* v. 5.) or Age, or Gifts, or Learning, or Wisdom, or Gravity, or Goodness.

O my God, grant that, for thy sake, I may ever love and honour all that are, or have been, Instruments of thy Love to me, in doing me Good: O may I reverence my Teachers, (*Gal.* vi. 6.) be grateful to my Benefactors, and may I have always a peculiar Respect to my particular Pastor!

Of Equals and
Inferiors.

O my God, let thy Love engage me to love those whom thou hast obliged to love me; to shew Constancy, and Fidelity, and Sympathy, and Love, and Communicativeness to my Friend; to be affectionate to my Brethren and Sisters; to be kind and affable to my Equals, condescending to my Inferiors; to be, all the possible Ways I can, universally helpful, and obliging, and loving, to all, *Rom.* xiv. 10. 1 *Pet.* iii. 8.

O my God, O my Love, let thy all-powerful Love abound in my Heart, and in the Hearts of all that profess thy Name, that in all these, and in all other possible Instances of Duty, our Lives may be continually employed to love thee, and for thy sake to love our Neighbour, and to excite our Neighbour to love thee.

The several Forms which contain the Duties of Parent and Child, of Master and Servant, &c. are to be used by every one according as may suit with his Circumstances, or as he stands in any of those Relations.

O my

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O my God, O my Love, I renounce, and detest, and bewail, *Sins forbidden.* as odious and offensive to thee, as directly opposite to thy Love, and the Love of my Neighbour, for thy sake,

All Dishonour to our Superiors, in either despising them, speaking Evil of them, or in irreverent Behaviour.

All Unnaturalness to Children.

All Undutifulness, or Stubbornness, or Disobedience, or Disrespect, to Parents, *2 Tim. iii. 2, 3, 4.*

All Rebelling, or Reviling, or Murmuring, against the King, or against his Ministers, *1 Sam. xxvi. 9. Eccles. x. 20. Acts xxiii. 5.*

All Defrauding, Undervaluing or Rejecting lawful Pastors, *Mat. x. 14.*

All Schism, (*1 Cor. i. 10. 3 Epist. John 9.*) and Contempt of their regular Censures.

All Falseness, or Negligence, or Refractoriness, to Masters or Mistresses, *Tit. ii. 9, 10. Mal. ii. 10.*

All Rudeness, Ingratitude, Treachery, want of brotherly Love and Unfaithfulness.

All the least Tendencies to any of these Impieties.

From all these, and the like hateful Violations of thy Love, and of the Love of my Neighbour, and from the Vengeance they justly deserve, O my God, O my Love, deliver me, and all faithful People.

O my God, O my Love, I earnestly pray, that thy Love, and the Love of our Neighbour, may so prevail over our Hearts, that we may

sadly lament and abhor all these Abominations, and may never more provoke thee.

Glory be to thee, O Lord, who, to teach us the Importance of this Duty of Subjection, hast placed it the First of all the Second Table, of all that relate to our Neighbour, and hast made Promise annexed it the *First Commandment* with to the Command- *a Promise* (Eph. vi. 2.) to every ment.

Soul that conscientiously keeps it, that *thy Days may be long in the Land which the Lord thy God giveth thee.*

Who would not love and obey thee, O my God, and for thy sake his Superiors, when thou hast promised to reward our Duty with a long happy Life here, or if thou seekest it best for us, and to *take us away from the Evil to come*, (Isa. lvii. 1.) by living a long Tract of Holiness in a little Time, and at last, by prolonging our Bliss to all Eternity in Heaven? for which gracious Promise, all Love, all Glory, be to thee.

The Sixth Commandment.

Sins forbidden. O my God, O my Love, I renounce, and detest, and bewail, as odious and offensive to thee, as directly opposite to thy Love, and to the Love of my Neighbour, for thy sake,

All Duels and unlawful War, *James iv. 1, 2. Gen. iv. 10, 11.*

All doing Hurt to the Body and Life of my Neighbour, directly, by wounding or murdering him, *Gal. v. 21,*

Indirectly,

the CHURCH CATECHISM. 79

Indirectly, by contriving or employing others to harm him, *Luke* xxii. 2.

All the Ways of procuring Abortion, *Exod.* xxi. 22, 23.

All Malice and Envy, Hatred (*Tit.* iii. 3.) and Revenge, Centention and Cruelty.

All Injury and Violence, all rash, causeless, immoderate or implacable Anger, (*Eph.* iv. 26. *Rom.* i. 30, 31.) or contumelious Speaking or Reviling, *Mat.* v. 22.

All wilful Vexing, Grieving or Disquieting him.

All Threatning, Ill-wishes, or Curses, *Eph.* iv. 29, 31.

All needless Endangering ourselves, and Self-murder, 1 *Tim.* v. 23. *Eph.* v. 29.

All Murdering of Souls, (1 *Tim.* v. 22.) by encouraging, ensnaring, tempting, commanding them to sin.

All the least Tendencies to any of these Impieties.

From all these, and the-like hateful Violations of thy Love, and of the Love of my Neighbour, and from the Vengeance they justly deserve, O my God, O my Love, deliver me, and all faithful People.

O my God, O my Love, I earnestly pray, that thy Love, and the Love of our Neighbour, may so prevail over our Hearts, that we may sadly lament and abhor all these Abominations, and may never more provoke thee.

O my God, O my Love, let Duties comethy unwearied and tender Love mandated to me, make my Love unwearied and tender to

my Neighbour, and zealous to procure, promote, and preserve his Health, and Safety, and Happiness, and Life, that he may be the better able to serve and to love thee.

O my God, O my Love, make me like thy own Self, all Meekness and Benignity, (2 *Cor.* x. 1. *Gal.* v. 22.) all Goodness and Sweetness, all Gentleness and Long-suffering.

Fill me full of good Wishes and Compassion, of Liberality in Alms giving, according to my Abilities, (1 *John* iii. 17.) and of Readiness to succour and relieve, and comfort, and rescue, and pray for all, whom thy Love, or their own Necessities, or Miseries, or Dangers, recommend to my Charity, 1 *Cor.* xiii. 4.

O let thy Love, thou God of Love, make me peaceful and reconcileable, always ready to return Good for Evil, to repay Injuries with Kindness, (*Mat.* v. 44. *Rom.* xii. 20.) and easy to forgive, unless in those Instances, where the Impunity of the Criminal would be Injustice or Cruelty to the Publick.

O thou Lover of Souls, let thy Love raise in me a compassionate Zeal to save the Life, the eternal Life of Souls (*Dan.* xii. 3. *Jam.* v. 20.); and by fraternal, and affectionate, and seasonable Advice or Exhortation, or Corrections, to reclaim the Wicked, and to win them to love thee.

O my God, O my Love, let thy all-powerful Love abound in my Heart, and in the Hearts of all that profess thy Name, that in all these, and in all other possible Instances of Duty, our Lives may be continually employed to love thee,
and

the CHURCH-CATECHISM. 81

and for thy sake to love our Neighbour, and to excite our Neighbour to love thee.

The Seventh Commandment.

O my God, O my Love, I renounce, and detest, and bewail, ^{Sins forbidden.} as odious and offensive to thee, as directly opposite to thy Love, and to the Love of my Neighbour, for thy sake,

All Adultery, and Violations of my Neighbour's Bed, in the gross Act, robbing him of that he loves best.

All Adultery and Unchastity of the Eye, or the Hand, *Mat. v. 29.*

All the Kinds or Degrees of Lust, Fornication, Pollution of our own Bodies, and Works of Darknes, which it is a Shame to mention, *Eph. v. 11, 12. iv. 19.*

All Things that provoke or feed Lust, impure Company, Discourse, Songs, Books, or Pictures, *Eph. iv. 29.*

All lascivious Dresses, (*Eph. v. 3, 4, 5. 1 Tim. ii. 9. 1 Pet. iii. 3.*) or Dances, or Plays; all Idleness or luxurious Diet, *Rom. xiii. 13, 14. 1 Pet. iv. 3.*

All the Excesses or Abuses of lawful Marriage, all unreasonable Jealousies, and all Things that lessen the mutual Kindness, or alienate the Affections, of those that are married, *1 Tim. ii. 12. Mat. xix. 6.*

All the least Tendencies to any of these Impurities.

From all these and the like hateful Violations of thy Love, and the Love of my Neighbour, and from the Vengeance they justly deserve, O my God, O my Love, deliver me and all faithful People.

O my God, O my Love, I earnestly pray, that thy Love, and the Love of our Neighbour, may so prevail over our Hearts, that we may sadly lament and abhor all these Abominations, and may never more provoke thee.

Duties commanded.

O my God, O my Love, let thy purest Love, who art Purity itself, create in me a perfect Abhorrence of all Impurity, that I may purify myself as thou, Lord, art pure, 1 John iii.

3.

I know, O Lord, that I can never be *Partaker of the Divine Nature*, unless I *escape the Pollution that is in the World through Lust* (2 Pet. i. 4.): O do thou therefore *cleanse me from all Filthiness of Flesh and Spirit, that I may perfect Holiness in thy Fear* (2 Cor. vii. 1.): Give me Grace to *possess my Vessel in Sanctification and Honour*, (1 Thess. iv. 4) and to keep thy Temple holy, that thy Spirit of Love may always there inhabit.

O my God, let my Love be chaste to thee, chaste to myself, chaste to my Neighbour.

O my God, may thy Love set a strict Guard on my Senses, turn away mine Eyes, (*Job xxxi. 1, 7.*) stop mine Ears, bridle my Tongue, and restrain my Hand, from all Uncleaness!

Lord, give me Grace to fly (2 Tim. ii. 22.) all Incitements, or Opportunities, or Instruments
of

the CHURCH-CATECHISM. 83

of defiling either my Neighbour or myself, *to beat down my Body, and to bring it into Subjection,*
1 Cor. ix. 27.

O my Love, let me live ever watching or praying, or profitably employed or busied in thy Love, that I may leave no room, if possible, for any unclean Spirit to enter into my Soul, and tempt me.

O my God, O my Love, let thy all-powerful Love abound in my Heart, and in the Hearts of all that profess thy Name, that in all these, and in all other possible Instances of Duty, our Lives may be continually employed to love thee, and for thy sake to love our Neighbour, and to excite our Neighbour to love thee.

O thou God of Love, who hast ordained the Marriage-state Duty of married Persons, for the Cure of our Passion, (1 Cor. vii. 9.) and the Comfort of our Life, (Gen. ii. 20.) and hast made it the Emblem of that Divine Love and Union thou art pleased to bear towards thy Church (*Eph. v. 22, 23, 24, &c.*): Let the Force of thy mystical Love teach us to love each other, and both of us to love thee.

O thou, who hast made us one Flesh, make us but one Soul also; let our Love be mutual, constant and inviolate, (*Col. iii. 18, 19. 1 Pet. iii. 1, 17. 1 Cor. vii. 3, 4, 5.*) full of Compliance, and Condescensions, and Sympathy, and Forbearance towards each other.

Fill us, O God of Love, with reciprocal Care, and Zeal, and Charity, for each other's Happiness,

ness, temporal and eternal, and with a Delight in each other, exclusive of Loves but thine.

Lord, give us Grace to keep our *Marriage always honourable, and our Bed undefiled* (Heb. xiii. 4.) ; let the affectionate Authority of the one, and the submissive Sweetness of the other, produce an entire Friendship and Harmony of Dispositions, and fervent Intercessions for each other : Give us, O Lord, an unafflicting Fore-sight of our parting here, and a passionate Longing to be beatified near each other, in neighbouring Mansions above, that from thenceforth our Love to each other, and to thee, may be coeternal with thine.

The Eighth Commandment.

Sins forbidden. O my God, O my Love, I renounce, and detest, and bewail, as odious and offensive to thee, as directly opposite to thy Love, and to the Love of my Neighbour, for thy sake,

All kinds of Stealing, by open Robbery, Violence, or Invasion, *Eph. iv. 28. 1 Pet. iv. 15.*

All Oppression, or Extortion, or Rapine, (*1 Cor. vi. 9, 10.*) vexatious Law-suits, or griping Usury.

All Fraud in Trade and Contracts, false Weights, and Measures, and Coin, *1 Thess. iv. 6. Amos viii. 5.*

All concealing the Defects of our own Goods, or depreciating those of our Neighbour, *Prov. xx. 14.*

All

the CHURCH-CATECHISM. 85

All making haste to be rich, or taking Advantage of the Ignorance or Necessity of the Persons we deal with.

All With-holding our Neighbours Dues, or Detaining the *Hire of the Labourer*, James v. 4.

All Borrowing and not Paying, injurious Keeping the Goods of others, (*Psal.* xxxvii. 21.) and Refusing to make Restitution, *Luke* xix. 8.

All Breach of Trust, or Removing of Land-marks, (*Prov.* xxii. 22, 23, 28.) wasteful Prodigality, avaritious Gaming, or idle Begging.

All Outrages to the Fatherless, the Widow, and the Stranger, *Jer.* vii. 6.

All the least Tendencies to any of these Acts of Injustice.

From all these, and the like hateful Violations of thy Love, and of the Love of my Neighbour, and from the Vengeance they justly deserve, O my God, O my Love, deliver me, and all faithful People.

O my God, O my Love, I earnestly pray, that thy Love, and the Love of our Neighbour, may so prevail over our Hearts, that we may sadly lament and abhor all these Abominations, and may never more provoke thee.

O my God, O my Love, let Duties commanding the Love of thy eternal and amiable Justice teach me a steady Justice in giving all Men their Due, since I cannot love my Neighbour, if I am unjust to him.

Lord, give me Grace to use my Neighbour as my Friend, as myself, to buy and sell by just Weights and Measures, and to be content with moderate Gain, *Prov.* xi. 1. xx. 10, 17, 21.

To

To pay Debts and Wages, and conscientiously to make Restitution for Injuries or Wrongs, or for Goods unlawfully gotten, *Mat. v. 23.*

Teach me, O my God, to use this World so as not to abuse it (*1 Cor. vii. 31.*); to receive and manage all thy temporal Blessings with Thankfulness to thee, Sobriety to myself, and Charity to all besides, *Luke xi. 41.* —

Make me ever, O my God, upright and faithful in Trusts, and Trade, and Agreements, diligent and honest in my Station and Calling, (*2 Thess. iii. 10, 12.*) and according to my Ability, willing to lend and remit to my poor Neighbours, *Psal. xxxvii. 26.*

Whenever, O my God, I am forced to go to Law, O let me ever contend more for Right than Victory, and in all Prosecutions preserve a charitable and an equitable Disposition, *Luke xvii. 3, 4.*

O my God, O my Love, let thy all-powerful Love abound in my Heart, and in the Hearts of all that profess thy Name, that in all these, and all other possible Instances of Duty, our Lives may be continually employed to love thee, and for thy sake to love our Neighbour, and to excite our Neighbour to love thee.

The Ninth Commandment.

Sins forbidden. O my God, O my Love, I renounce, and detest, and bewail, as odious and offensive to thee, as directly opposite to thy Love, and to the Love of my Neighbour, for thy sake,

All

the CHURCH-CATECHISM. 87

All manner of *bearing false Witness against my Neighbour*, all false Accusations, or Glosses, or Pleadings, or Testimonies, or Sentences in Courts of Judicature, (*Psal. lxxxii. 2. Mat. xxvi. 50. Tit. ii. 3. Micah iii. 9.*) by concealing or over-speaking, or perverting Right and Truth.

All Things prejudicial or destructive to my Neighbour's good Name.

All Censoriousness (*Mat. vii. 1. Prov. xxvi. 18, &c. James iii. 6. 2 Pet. ii. 12, 18.*) and Slander, Detraction and Calumny, forced Consequences, or invidious Reflections.

All Scoffing, or exposing the Infirmities of others.

All Whispering (*Rom. i. 29. 1 Tim. v. 13. Exod. xxiii. 1.*) and Tale-bearing, or raising of evil Reports, Suspicions or Jealousies, and all Evil-speaking.

All Equivocations and Dissembling, Flattery and Lying, *Eph. iv. 15, 21.*

All the least Tendencies to any of these injurious Falshoods.

From all these, and the like hateful Violations of thy Love, and of the Love of my Neighbour, and from the Vengeance they justly deserve, O my God, O my Love, deliver me, and all faithful People.

O my God, O my Love, I earnestly pray, that thy Love, and the Love of our Neighbour, may so prevail over our Hearts, that we may sadly lament and abhor all these Abominations, and may never more provoke thee.

O my

Duties com-
manded.

O my God, O my Love, who dost love Truth, and dost hate a Lie as perfectly diabolical, instil into my Soul an unalterable Love of Truth, that nothing may tempt me to deviate from an intire Veracity, (*Prov. xxiii. 23. Psal. cxix. 163. John viii. 44.*) in my whole Conversation, or become a Liar, which thy Soul abhors.

O Lord, give me Grace ever to speak the Truth, and let my Heart and my Tongue always go together.

O my God, give me Grace to be tender of my Neighbour's good Name, (*Prov. xxii. 1. Eccles. vii. 1.*) since I cannot love him, if I take that from him which I know to be most dear to him.

Grant, O my God, for the sake of thy own Love, that I may be always ready to vindicate my Neighbour's good Name on all Occasions, that I may judge the best, (*1 Cor. xiii. 5, 7.*) and speak well of him, and conceal or excuse his Infirmities; that I may be impatient to hear, slow to believe, and unwilling to propagate evil Reports; that I may put candid Interpretations on his Actions, since the more he is defamed, the less able he is to serve thee, the less Credit he has to persuade others to love thee.

O my God, O my Love, let thy all-powerful Love abound in my Heart, and in the Hearts of all that profess thy Name, that in all these, and in all other possible Instances of Duty, our Lives may be continually employed to love thee, and for thy sake to love our Neighbour, and to excite our Neighbour to love thee.

The

The Tenth Commandment.

O my God, O my Love, I ^{Sins forbidden.}
renounce, and detest, and bewail,
as odious and offensive to thee, as directly oppo-
site to thy Love, and to the Love of my Neigh-
bour, for thy sake,

All the inordinate Desire of what is my
Neighbour's, all Coveting his House, or Wife,
(*Mat. v. 28.*) or Servant, or Maid, or Ox, or
Ass, or any thing that is his.

All Discontentedness with my worldly Con-
dition, and worldly Solitude, *Mat. vi. 24, 25,*
&c. xiii. 22.

All Covetousness, or Repining at the Hap-
piness of others, 1 *Kings xxi. 4, 5.*

All taking Pleasure in Sin, or Complacence
in past Impurities, *Rom. i. 32. James v. 5.*
2 Pet. ii. 13.

All the first Motions, all the least Tenden-
cies to Concupiscence, *Mat. xv. 19.*

From all these and the like hateful Violati-
ons of thy Love, and of the Love of my Neigh-
bour, and from the Vengeance they justly de-
serve, O my God, O my Love, deliver me,
and all faithful People.

O my God, O my Love, I earnestly pray,
that thy Love, and the Love of our Neighbour,
may so prevail over our Hearts, that we may
sadly lament and abhor all these Abominati-
ons, and may never more provoke thee.

O my God, O my Love, thou ^{Duties com-}
art the great Searcher of Hearts, ^{manded.}

and

and dost not only require outward Acts of Duty, but the inward Disposition of the Heart ; the Heart is the chief Sacrifice (*Prov. xxiii. 26. iv. 23. Mat. xv. 19.*) thou requirest, the Heart is the proper Seat of thy Love, and my Heart I wholly devote to thee.

O my God, *create in me a clean Heart*, (*Psal. li. 10.*) that the Fountain of Action being clean, the Streams may run clean also.

Give me a Heart, O thou, who only canst change the Heart, intirely turned to thee ; that may suppress and resist all the first Springings of Lust, before they shoot up into Consent, (*James i. 14, 15.*) Approbation and Desire ; before Lust conceiving brings forth Sin.

Lord, make me contented, (*Heb. xiii. 5. Phil. iv. 11, 12. 1 Tim. vi. 6.*) and thankful and well-pleased with that Portion thy providential Love has allotted me, and to acquiesce in thy Choice as best for me.

O great Lord of Hearts, lodge my Neighbour in my Heart next to myself ; let all my Desires be for his Good, and let it be the Subject of my Joy, (*Rom. xii. 15.*) and Praise, and Love, to see thy Love liberal to him, to see him abounding in thy Blessings.

O my God, my Love, what can a Soul enamoured of thee ever desire but thee ? O let the World never more have Place in my Heart : All my Affections I withdraw from that to fix on thee.

Forgive me, O my God, if I am unmeasurably ambitious, it is only of thy Favour ; forgive me, if I am unsatiably covetous, it is only
of

the CHURCH-CATECHISM. 91

of thy Fruition; forgive me, if I am perpetually discontented, it is only because I cannot love thee more.

O unconceivable Happinefs of Heaven! where my Ambition shall rest on a Throne, where my Covetousness shall be filled with the beatifick Vision, and where I shall be eternally satisfied with Love!

O my God, O my Love, let thy all-powerful Love abound in my Heart, and in the Hearts of all that profess thy Name, that in all these, and in all other possible Instances of Duty, our Lives may be continually employed to love thee, and for thy sake to love our Neighbour, and to excite our Neighbour to love thee.

Q. My good Child, know this, that thou art not able to do these Things of thyself, nor to walk in the Commandments of God, and to serve him, without his especial Grace, which thou must learn at all times to call for by diligent Prayer. Let me hear therefore, if thou canst say the Lord's Prayer.

A. Our Father, which art in Heaven, hallowed be thy Name. Thy Kingdom come. Thy Will be done in Earth as it is in Heaven. Give us this Day our daily Bread. And forgive us our Trespases, as we forgive them that trespass against us. And lead us not into Temptation, but deliver us from Evil. Amen.

Q. What

Q. What desirest thou of God in this Prayer?

A. I desire my Lord God, our heavenly Father, who is the Giver of all Goodness, to send his Grace unto me, and to all People, that we may worship him, serve him, and obey him as we ought to do. And I pray unto God, that he will send us all Things that be needful both for our Souls and Bodies; and that he will be merciful unto us, and forgive us our Sins; and that it will please him to save and defend us in all Dangers, ghostly and bodily; and that he will keep us from all Sin and Wickedness, and from our ghostly Enemy, and from everlasting Death. And this I trust he will do of his Mercy and Goodness, through our Lord Jesus Christ. And therefore I say, Amen. So be it.

Previous Considerations.

O infinite Love, it is my Duty and my Happiness to love thee; but, alas! my own sad Experience teaches me, how little able I am to love.

Our Impotence to Good.

Ah Lord! there is a dark Cloud of Ignorance spread over my Soul, that intercepts thy Beams: I cannot clearly see, I cannot fully know, how lovely thou art.

Ah Lord! whenever any Gleams of thy Loveliness break in upon my Spirit, and attract my Will, a Croud of strange Loves importune and tempt me to wander after them.

Since,

the CHURCH-CATECHISM. 93

Since, O my God, I can of God is our Re-
myself neither know nor love thee.

thee, since I cannot by my own Strength do *those*
Things thou requirest, *nor walk in thy Command-*
ments, nor serve thee, nor think so much as one
good Thought (2 Cor. iii. 5.) ; whither can I
fly, but only to thy free and unbounded Love ?
Thou art my Hope, my Help, and my Salva-
tion (*Psal.* lxii. 7. *John* xv. 4, 5) ; thou only
canst teach and enable me to know and to love
thy own Goodness.

By thy *special* Grace, O my Our Assistance
God, by thy particular Assistance, from God.
by the Strength of thy Love, *I can do all*
Things (*Eph.* iii. 16. *Phil.* iv. 13.) : O let thy
Grace ever enlighten and inflame me ; let it
ever prevent, and accompany and follow me ;
let it ever excite, and increase, and support thy
Love in my Heart : O let it ever work in me
both *to will and to do of thy good Pleasure*, *Phil.*
ii. 13.

I know, Lord, that *thy* Grace, Gain'd by Prayer.
and all other Blessings, *I must*
learn at all times to call for by diligent Prayer ;
and I adore and love thy infinite Benignity to
Sinners, in indulging us the Privilege, the
Honour, the Happiness, to pray to thee, (*Rom.*
x. 13.) to pour out our Souls, to breathe out
our Desires, to present our Wants, and to un-
bosom our Griefs, at thy Throne of Love.

I praise and I love thee, O Encouragements
sovereign Love, for not only to pray.
permitting us miserable Wretches to pray to
thee, but also for giving us all imaginable

En-

94 *An Exposition of*

Encouragement to so important and divine a Duty.

I adore and love thee, O munificent Goodness, for inviting, (*Psal.* l. 15.) for commanding us to pray (*Phil.* iv. 6.) I adore and love thee for pouring out thy holy *Spirit of Grace and Supplication* on us, (*Zech.* xii. 10.) to help our Infirmities, to assist us in praying, to make *Intercessions for us, with Sighs and Groans that cannot be uttered*, (*Rom.* viii. 26.) with the utmost Ardours of a penitential and indigent Love. I adore and love thee for giving us so many glorious Promises (*Mat.* vii. 7.) of hearing our Prayers, so many firm Assurances of a gracious Acceptance.

A Pattern of Prayer. O thou great Prophet of Divine Love, who, as if thy Invitation, and Command, and Assistance, and Promise, were not enough to move us to pray, hast condescended to teach us this Duty thyself, and to give us a perfect Pattern of Prayer; for which I adore and love thee.

A Form most condescending. Glory be to thee, O blessed Master of Devotion, who in dictating a Form of Prayer, and in joining us to use it, (*Mat.* vi. 7, 8, 9. *Luke* xi. 2.) hast complied with our Weakness, and warned us not to rely on rash and unpremeditated Effusions; who, in dictating a short Form, hast taught us to avoid *vain Repetitions*, or *thinking we shall be heard for much Speaking*, and to measure our Prayers rather by their Fervency than Length.

That

the CHURCH-CATECHISM. 95

That Prayer, which was composed by thy own Self, O God, Most divine.
that dearest Prayer, we are sure is most divine
and excellent, and perfect like its Author, and
most agreeable and acceptable to thee; for which
I adore and love thee.

O blessed Jesus, the only Be- Most acceptable.
loved of God, thou best under-
standest the Language of Love, and in that
Language thou hast taught us to pray; and
whenever we pray in that Language, we have
an humble Confidence thy heavenly Father will
hear us, who with the Words of his own beloved
Son will ever be well pleased; and therefore
I adore and love thee.

Thou, O heavenly Guide of Necessity of
our Devotion, and our Love, by Prayer.
teaching us to pray, hast shewed us, that Prayer
is our Treasury where all Blessings are kept,
our Armoury where all our Strength and Weapons
are stored, the only great Preservative, and
the very vital Heat of Divine Love. Give me
Grace therefore to call on thee *at all times by diligent Prayer.*

O the unspeakable Misery of Misery of those
those, who either totally neglect who do not pray.
the Duty of Prayer, (*Psal. x. 4.*) or else profane
it by drawing near to God with their Lips,
when their Hearts are far removed from him,
whose Prayers, being void of all Devotion and
Concern, are turned into fresh Sins (*Psal. cix.*
7.)! How deservedly shall he have God for his
Enemy, who would not beg Pardon of a most
reconcilable Father? How deservedly shall he
suffer

suffer eternal Wrath, who thought Heaven not worth the asking?

Prayer ought to be daily. O my God, let me daily offer up to thee my Morning and Evening Sacrifice (*Psal.* v. 3. cxli. 2.) in private, and in publick too, if my Circumstances permit; and, as near as I can, let me omit no Opportunities of praying, or of praising thee.

Incessant. O my God, may I ever keep myself in thy Love, by praying in the Holy Ghost, (*Jude* 20, 21.) and by praying without ceasing, (*1 Thess.* v. 17.) since I incessantly want the Succours of thy Love.

Ah Lord! I know my Devotion has daily many avoidable and necessary Interruptions, and I cannot always be actually praying; all I can do, is, to beg of thy Love, to keep my Heart always in an habitual Disposition to Devotion, and in Mindfulness of thy Divine Presence, that I may perpetuate my Prayer by frequent Ejaculations.

O my God, as thy infinite Love is ever streaming in Blessings on me, O let my Soul be ever breathing Love to thee.

Joined with Reading and Meditation. O my God, to Prayer, whereby I address to thee, give me Grace to add the daily Reading and Meditation of thy Word, (*Psal.* i. 2.) whereby thou art pleased to converse with me,

It is thy abundant Love to us, O Lord, that thou indulgest us thy Word in our own Mother Tongue, that from those dear Volumes of thy Love,

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Love, every devout Lover may daily, and on all Occasions, supply proper Fuel to his Love ; for which, all Love, all Glory, be to thee.

I adore and love thee, O heavenly Oracle of Love, for contriving this Prayer in that admirable Method ; that thou hast withal taught us all the Requisites of an acceptable Prayer ; thou, in the Preface, hast taught us *how to pray* : In the Petitions, for *what to pray* : And in the Conclusion, *what ought to be the End of our Prayers* : For which, I adore and love thee.

Father.

Glory be to thee, O Jesu, who hast taught us to whom to direct our Prayers, to God only, (Psal. lxxv. 2.) since he only is Omniscient to know, and All-sufficient to succour us in, all our Necessities.

Glory be to thee, who hast taught us, for whose sake only we can hope to be heard, even for thy own, O blessed Jesus ; for it is through thy alone Mediation (John xvi. 23. Ephes. i. 6. ii. 18.) that we Sinners call God *Father*, or have Access to his Throne.

Glory be to thee, O beloved Jesu, who, in teaching us to call God *Father*, hast taught us to pray with the Affections of a Child, with reverential Love, and Reliance on the paternal Care, and Benignity,

F

nity, and Love of our heavenly Father, *Isa.* lxiii. 15, 16. *Luke* xi. 13. *Mal.* i. 6.

Our Father.

Of a Brother. Glory be to thee, O Lord, who, in teaching me to call God *Our Father*, hast taught me not to confine my Charity to myself, but to pray also with the Affections of a Brother, and to enlarge it, (*Ephes.* iv. 6. 1 *Pet.* iii. 8.) to all Mankind, who are Children by Creation, to all Christians, who are Children by Adoption, of the same heavenly Father. O give me that brotherly Kindness to them all, that I may beg the same Blessings for them as for myself, and earnestly pray, that they may all share with me in thy fatherly Love.

Which art in Heaven.

With the Humility of a Suppliant. Glory be to thee, O thou Beloved of the Father, who, in teaching us to pray to *Our Father in Heaven*, hast taught me the infinite Distance between God and us, and to pray with the Humility of a Suppliant, (*Eccles.* v. 1. *Heb* xii. 28, 29.) with that Awe that becomes a frail Creature, a miserable Sinner, before his Creator, and his Judge.

O Father Almighty, though thou fillest all Places, yet thy Glory is most manifested in Heaven, and there thy Majesty does most illustriously

illustriously dwell, and to thy Throne there (*Psal.* xi. 4. *Isa.* lvii. 15.) are we to lift up our Hearts when we pray: O let my Soul fly up to thee, when I pray, in heavenly Thoughts, and Desires, and Love: O let me savour nothing of the Earth, whenever I treat with thee in Heaven!

Glory be to thee, O gracious Lord, who, in the Petitions of thy most divine Prayer, hast taught us for what we are to pray; for all Blessings, temporal and eternal; for all Things lawful, *and according to thy Will*, 1 John v. 14, 15.

Glory be to thee, O Jesu, who, in ranking the Petitions for spiritual Blessings first, hast taught us to seek Heaven in the first Place (*Mat.* vi. 33.) Grant, Lord, that I may always beg thy Blessings in their due Order, that I may pray for Blessings spiritual with holy Violence, (*Mat.* xi. 12.) with Importunity, and Resolution not to be denied, as being the proper Ingredients of thy Love, and absolutely necessary to my eternal Welfare, (*Gen.* xxxii. 26.) and for temporal, with Indifference and Resignation to thy Will, since I may love thee, and be eternally happy without them.

Hallowed be thy Name.

O Lord God, may *thy Name*, In particular for (*Psal.* viii. 1, 9. cxi. 9.) thy Blessings spiritual own glorious and amiable Self, relating to God.

have a Love and Honour separate, and incommunicable. May thy infinite Goodness and Greatness be for ever, by all Men, and all Angels, confessed, and admired, and adored, and magnified, (*Psal.* cxlviii.) both in private and publick, in our Hearts, our Mouths, and our Lives.

All Creatures share in thy Goodness, (*Psal.* cxlv. 9, 10.) O God: O let all Creatures help us to glorify thy Name.

O may every thing, that hath Breath, praise the Lord!

Thy Kingdom come.

O thou King of Kings, may *thy Kingdom of Grace* (*Luke* i. 32. *Mat.* iii. 2. *Col.* i. 13.) the Church Militant, the Catholick Seminary of Divine Love, come to its utmost evangelical Perfection in this Life.

O may thy Gospel, Lord, be daily propagated, unbelieving Nations converted, (*Isa.* ii. 2, 3.) and the Number of thy Saints augmented.

Grant, O Lord God, that thy true Religion, thy Word, thy Conveyances of Grace, all the holy Institutions, Laws and Governors, fixed by thee in thy spiritual Kingdom, (*John* xviii. 36.) may be loved, and honoured, and obeyed; and, that thy faithful Subjects may be protected against all the Malice of wicked Men, or the Powers of Darkness, 1 *Pet.* iii. 13. *Mat.* xii. 28, 29.

O my God, let it be thy good Pleasure to put a Period to Sin and Misery, to Infirmary and
Death;

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Death; to complete the Number of thine Elect, and to hasten thy Kingdom of Glory (*2 Pet. i. 11.*); that I, and all that wait for thy Salvation, may, in the Church triumphant, eternally love and glorify thee.

Thy Will be done in Earth, as it is in Heaven.

O my God, thy Will, and thy Commands, *are most holy, just and good*, (*Rom. vii. 12.*) and condescending to our Weakness, and by no means grievous (*1 John v.*): O give me Grace conscientiously to observe them.

Thy blessed Angels, O Lord, *always behold thy Face in Heaven* (*Mat. xviii. 10.*); they have the beatifick Vision of thy incomparable Amiability; they cannot but unalterably chuse thee; they must needs, to the utmost of their Capacity, praise and love thee; they cannot possibly offend thee (*Psal. ciii. 20.*); they ever perfectly obey thee, and are always upon the Wing at thy Command.

Lord, give me Grace, in Imitation of the blessed Spirits above, to set thee always before me; O fix my serious Contemplation on thee. Ravish my Soul with a lively Sense of thy infinite Amiability; O vouchsafe me one short Glimpse of thy Goodness. O may I once *taste and see how gracious thou art* (*Psal. xxxiv. 8.*) that all things besides thee may be tasteless to me; that my Desires may always fly up towards thee; that I may render thee Love, and Praise, and Obedience, pure and chearful, constant and

zealous, universal and uniform, like that the holy Angels render thee in Heaven.

Give us this Day our daily Bread.

Petitions relating
to ourselves.

Glory be to thee, O heavenly Benefactor, *who openest thy Hand, and fillest all Things living with Plenteousness,* Psal. cxlv. 16.

O let it be thy good Pleasure to give me, and all that wait on thy beneficent Love, our Food in due Season; *give us Bread*, and all that is comprehended by it, Health, Food, Raiment, and all the Necessaries of Life.

Give us, O heavenly Father, *daily Bread*, nothing to gratify our Luxury, but such a Competence (*Prov. xxx. 8, 9.*) as thy Divine Wisdom sees fittest for us.

Give us, O bountiful Creator, *daily Bread this Day*; teach us to live without covetous Anxiety for To-morrow, with a fiducial Dependence on thy fatherly Goodness, and to be content and thankful for the present Portion, (*1 Tim. iv. 4. vi. 6. 1 Pet. v. 7.*) thy Love has indulged us.

O merciful Lord, give us *our Bread*, that which is our own Bread, by honest Labour, (*Gen. iii. 19. Deut xxi. 17.*) or a lawful Title; and grant, that we may never eat the Bread of Idleness, or of Deceit.

Do thou, Lord, *give us our Bread*; for unless thou givest it, we cannot have it; and together with our Bread give us thy Blessing, (*Eccles.*

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(*Ecclef. v. 19. Mic. vi. 14.*) otherwise our very Bread will not nourish us.

Above all, O Lord God, give us the Bread of Life, the Bread that came down from Heaven, the Body and Blood of thy most blessed Son, to feed our Souls to Life eternal.

Blessed Jesus, O that it might be *my Meat*, as it was thine, *to do the Will of thy heavenly Father*, (*John iv. 34.*) !

And forgive us our Trespases, as we forgive them that trespass against us.

For thine own infinite Mercies sake, and for the Merits of the Son of the Love, *forgive me*, and all penitent Sinners, *our Trespases*, our Sins, known or secret, of Omision or Commission, which are the vast Debts (*Mat. vi. 12. Luke xi. 4.*) we owe to thy vindictive Justice.

Forgive us, O Lord, *as we forgive all them*, even our greatest Enemies, that *trespass against us*, their Trespases, which are infinitely inconsiderable in Comparison of our Trespases against thee.

Glory be to thee, O Lord, who, to teach us Charity, hast made our Forgiveness of others the Condition of obtaining thine.

O easy, O gracious Condition of Pardon ! Who would not forgive his Brother a few *Pence* in this Life, to have *Ten Thousand Talents* (*Mat. xviii. 22, 24, 28.*) forgiven in the next !

O let my Love, Lord, learn from thine, not only to forgive my Enemies, but to be zealous also to do them Good.

And lead us not into Temptation.

O Lord God, thou seeest how our ghostly Enemies, the World, the Flesh, and the Devil, are every Moment soliciting, inticing, alluring, or tempting us to Evil: O be merciful to us, save, and help, and deliver us.

Thou seeest, O my God, how infirm I am, and how ready my own deceitful Heart is (*Jer. xvii. 19.*) to surrender itself to the Tempter; and I know, that *Satan* cannot tempt me without thy Permission (*Mat. viii. 31.*): O lead me not, if it be thy good Pleasure, suffer me not to fall into violent or lasting Temptations, that may endanger my Perseverance.

I know, O heavenly Father, that to be tempted is no Sin, for thy own beloved Son, God incarnate, was tempted (*Mat. iv. 1, 9.*) to the most horrid of all Sins, *to fall down and worship the very Devil*: I know, Lord, the Sin lies in yielding to the Temptation.

O my God, if thou, for Trial of my Love, lead me into any great Temptation, and let me continue under it, thy Will, Lord, be done, not mine (*1 Cor. x. 13. 1 Pet. v. 8. 2 Cor. xii. 7, 9. James iv. 7.*): O let thy paternal Tenderness limit and controul the Tempter: O let thy all-sufficient Grace restrain my Consent, and keep me always on my Guard, watching and praying, and let me at last be more than Conqueror.

I am content, Lord, to be tried and assaulted, so I be not wicked, though it be grievous for
those

those that love thee, to be tempted to offend thee.

But deliver us from Evil.

O Father of Mercy, if thou thinkest fit to *lead me into Temptation, deliver me from the Evil* to which I am tempted: Deliver me from the Evil of Sin, and the Evil of Punishment, from the evil One, (*1 John ii. 14.*) from the evil World, (*Gal. i. 4.*) and from my own evil Heart, (*Heb. iii. 12.*) and from all Suggestions to Evil; for all that is evil is most hateful to thee, who art infinite Goodness, and most destructive of thy Love. And therefore, from all that is *evil*, O Almighty Lord, defend me.

For thine is the Kingdom, and the Power, and the Glory, for ever and ever.

I adore and love thee, O Jesu, The Conclusion who, by concluding this Prayer teaches to pray with a Doxology, hast taught us, for a right End, that the right End of our Prayers God's Glory. should be the Glory of God, that we should be ever careful to mix Praise with our Prayers, and to be as zealous to give Thanks for what we receive, (*Phil. iv. 6. Neh. ix. 5, 6.*) as to pray for what we want.

To thee, O Lord God, do we pray, on thee only we rely and depend for Acceptance, to thee only we offer up our Praises; for *thine is the Kingdom* (*Psal. xlvii. 2, 7.*) and sovereign Right to dispose of all Things; *thine is the Power* (*Psal. cxxxv. 6.*) Almighty, to relieve and bless

us; *thine is the Glory* (Psal. xcvi. 7, 8.) All the Communications of thy Goodness, as they flow from thee, return to thee again in Sacrifices of Love, of Praise and Adoration.

Amen.

For the sake, O heavenly Father, of thy Beloved, (2 Cor. i. Rev. iii. 14.) in whom all *thy Promises are Amen*, and who is himself *the Amen*, the faithful and the true Witness of thy Love to us. Hear me, and pardon my Wanderings and Coldness, and help me to sum up and enforce my whole Prayer; all my own Wants, and all the Wants of those I pray for, in a hearty, and fervent, and comprehensive *Amen*.

The Pledges of Love. The Sacraments. *Q. How many Sacraments hath Christ ordained in his Church?*

A. Two only, as generally necessary to Salvation, that is to say, Baptism, and the Supper of the Lord.

Their Number. Glory be to thee, O crucified Love; out of thy wounded Side flowed Water and Blood, (John xix. 34.) the *Two Sacraments* which thou hast ordained in thy Church, Baptism, and the Supper of the Lord, the one to initiate, the other to confirm us, in our Christianity.

Glory be to thee, O Lord, who having ordained *Two Sacraments only*, and made them generally

generally necessary to Salvation, (John iii. 5. vi. 53.) art yet pleased to have Mercy rather than Sacrifice: In Cases where they cannot be had, and where a Surprize of Death may prevent their Administration, thou dost supply the Want of them by thy merciful Acceptation of those Persons, who earnestly desire, and who are disposed to receive them.

O blessed Jesu, the greater thy Compassion is to those sincere Persons who want thy Sacraments, by reason of their Infelicity, not their Choice, the greater will be thy Indignation against those who wilfully neglect or contemn (Luke xiv. 24.) what thy adorable Love has ordained to be throughout thy whole Church used and revered; from which Neglect and Contempt of thy Love, good Lord, deliver me.

Q. What meanest thou by Nature. this Word Sacrament?

A. I mean an outward visible Sign of an inward and spiritual Grace, given unto us, ordained by Christ himself, as a Means whereby we receive the same, and a Pledge to assure us thereof.

Q. How many Parts are there in a Sacrament?

A. Two: The outward visible Sign, and the inward spiritual Grace.

Glory be to thee, O tenderest Love, who, to stoop to our weak and gross Apprehension, hast in the Two Sacraments made *an outward and visible*, and familiar thing, to be the Sign, and

Memorial, and Representation, of an *inward and invisible* mysterious and spiritual Grace.

Glory be to thee, O bountiful Love, for ordaining and giving us the Holy Sacraments (*Mat. xxvi. 26, 27, 28.*) : Thou thyself only art the Author and Fountain of Grace, and thou only hast the Right of instituting the Conveyances of thy own Grace : All Love, all Glory, be to thee.

Glory be to thee, O mighty Love, who hast elevated these obvious and outward Signs, to an Efficacy far above their Natures, not only to signify, but to be, happy *Means* and Instruments to convey thy Grace to us, to be Seals and *Pledges* to confirm and assure to us the Communications of thy Love, that our Sight may assist our Faith, that if with due Preparation we receive them, both Parts of the Sacrament will go together ; as certainly as we receive the *outward and visible Sign*, so certainly shall we receive the *inward and invisible Grace* ; for which, all Love, all Glory, be to thee.

Baptism.

Q. *What is the outward visible Sign, or Form in Baptism ?*

A. *Water ; wherein the Person is baptized, in the Name of the Father, and of the Son, and of the holy Ghost.*

Q. *What is the inward and spiritual Grace ?*

A. *A Death unto Sin, and a new Birth unto Righteousness : For being by Nature born in Sin, and the Children of Wrath, we are hereby made the Children of Grace.*

Q. *What*

Q. What is required of Persons to be baptized?

A. Repentance, whereby they forsake Sin ; and Faith, whereby they stedfastly believe the Promises of God, made to them in that Sacrament.

Q. Why then are Infants baptized, when by reason of their tender Age they cannot perform them ?

A. Because they promise them both by their Sureties : Which Promise, when they come to Age, themselves are bound to perform.

Glory be to thee, O Lover of The outward Souls ; it was by thy preventing Sign. Love, that I was baptized with the outward Sign, Water, in the Name of the Father, and of the Son, and of the Holy Ghost (Mat. xxviii. 19.) ; that I should believe in the most Holy Trinity ; that I should entirely live devoted to the three most adorable Persons, that I should wholly depend on their gracious Assistances, and that it should be my chief Care to love and glorify that tri-une Love, the Author of my Salvation.

Glory be to thee, O Jesu, who The invisible by Water, that washes away the Grace. Filth of the Body, dost represent to my Faith thy invisible Grace in Baptism, (Ezek. xxxvi. 25.) which spiritually washes and cleanses the Soul.

Glory be to thee, O blessed Lord, who in Baptism savest us, not by the outward Washing, but by the inward purifying Grace accompanied
with

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with a sincere Vow, and *Stipulation of a good Conscience towards God*, (1 Pet. iii. 21.) ; by which thy propitious Love brought me into thy Church, the spiritual Ark, to save me from perishing in the Deluge of Sin, which overwhelms the Generality of the World ; and therefore all Love, all Glory, be to thee.

Glory be to thee, O all-powerful Love, by whose *invisible Grace* we in Baptism die to Sin (Rom. vi. 3, 4.) to all carnal Affections, renouncing and detesting them all, and resolving to take no more Pleasure in them, than dead Persons do in the Comforts of Life. O may I ever thus die to Sin !

Glory be to thee, O Jesu, who, from our *Death to Sin* in our Baptism, dost raise us to a new Life, and dost breathe into us the Breath of Love ; 'tis in this *Laver of Regeneration*, (Tit. iii. 5.) we are *born again by Water*, (John iii. 5.) and the Spirit, by a new Birth unto Righteousness : That as the natural Birth propagated Sin, our spiritual Birth should propagate Grace ; for which all Love, all Glory, be to thee.

Glory be to thee, O most indulgent Love, who in our Baptism dost give us the holy Spirit of Love, to be the Principle of new Life, and of Love in us, to infuse into our Souls a supernatural, habitual Grace, and Ability to obey and love thee ; for which all Love, all Glory, be to thee.

Glory be to thee, O compassionate Love, who, when we were conceived and *born in Sin*, (Psal. li. 5.) of sinful Parents, when we sprang from a Root wholly corrupt, and were all
Children

the CHURCH-CATECHISM. III

Children of Wrath, (Eph. ii. 1.) hast in our Baptism *made us Children* of thy own heavenly Father by Adoption and Grace (Rom. viii. 15.): When we were Heirs of Hell, hast made us Heirs of Heaven, even joint Heirs with thy own Self, of thy own Glory; for which, with all the Powers of my Soul, I adore and love thee.

I know, O dearest Lord, that I am thine no longer than I love thee; I can no longer feel the saving Efficacy of my Baptism, than I am faithful to my Vow I there made; no longer than I am a Penitent, no longer am I a Christian: If I *name the Name of Christ*, I am to depart from Iniquity (2 Tim. ii. 19.)? O do thou give me the Grace of true Repentance for all my Sins, for my original Impurity, and for all my actual Transgressions, that I may abhor and forsake them all; wound my Soul with a most affectionate Sorrow, for all the Injuries, and Affronts, and Dishonours, I have offered to infinite Love.

Glory be to thee, O most liberal Jesu, for all those exceeding great and precious Promises (2 Pet. i. 4.) of Pardon, and Grace, and Glory, which thou hast made to us Christians in the Sacrament of Baptism: O may I ever stedfastly believe, O may I ever passionately love, may I ever firmly rely on thy superabundant Love in all these Promises; for which I will ever adore and love thee!

Glory be to thee, O sweetest Love, who in my Infancy didst admit me to holy Baptism, who by thy preventing Grace, when I was a little

Conditions required. 1. Repentance.

2. Faith.

little Child, didst receive me into the evangelical Covenant, didst take me up into the Arms of thy Mercy, and bless me (*Mat. x. 16.*) Glory be to thee, who didst early dedicate me to thyself, to prepossess me by thy Love, before the World should seize and defile me.

Ah gracious Lord ! how long, how often have I polluted myself by my Sins ! But I repent, and deplore all those Pollutions, and I consecrate myself to thee again : O thou most reconcileable Love, pardon and accept me, and restore me to thy Love : O let the Intensity of my future Love not only love for the time to come, but retrieve all the Love I have lost.

Glory be to thee, O tenderest Sureties. Jesu, who, when by reason of my Infancy I could not *promise* to repent and believe for myself, didst mercifully accept of the *Promise* of my *Sureties*, who *promised both for me*, as thou didst accept for good to the Paralytick, (*Mat. viii. 5.*) the charitable Intentions of those that brought him to thee, and of the Faith of the Woman of *Canaan*, (*Mark ii. 5.*) for the Cure of her Daughter ; for which merciful Acceptance all Love, all Glory, be to thee.

O my God, my Lord, the *Promise* which was made by my *Sureties* for me, I acknowledge, that as soon as *I came* to a competent *Age*, I was *bound myself to perform*, and I own and renew my Obligation : I promise, O my Lord, with all the Force of my Soul to love thee ; O do thou ever keep me true to my own Promise, since thou art ever unalterably true to thine ; for which I will ever adore and love thee.

Q. *Why*

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Q. Why was the Sacrament The Supper of
of the Lord's Supper ordained? the Lord.

A. For the continual Remembrance of the
Sacrifice of the Death of Christ, and of the
Benefits which we receive thereby.

Q. What is the outward Part, or Sign of
the Lord's Supper?

A. Bread and Wine, which the Lord hath
commanded to be received.

Q. What is the inward Part, or Thing
signified?

A. The Body and Blood of Christ, which
are verily and indeed taken and received by
the Faithful in the Lord's Supper.

Q. What are the Benefits whereof we are
Partakers thereby?

A. The strengthening and refreshing of our
Souls by the Body and Blood of Christ, as our
Bodies are by the Bread and Wine.

Q. What is required of them who come to
the Lord's Supper?

A. To examine themselves, whether they
repent them truly of their former Sins, sted-
fastly purposing to lead a new Life; have a
lively Faith in God's Mercy through Christ,
with a thankful Remembrance of his Death;
and be in Charity with all Men.

Glory be to thee, O crucified Institution.
Love, who at thy last Supper didst
ordain the holy Eucharist, the Sacrament and
Feast of Love.

It

It was for the continual Remembrance of the Sacrifice of thy Death, O blessed Jesu, and of the Benefits we receive thereby, that thou wast pleased to ordain this sacred and awful Rite : All Love, all Glory, be to thee.

Ah dearest Lord ! how little sensible is he of thy Love in dying for us, who can ever forget thee !

Ah woe is me, that ever a Sinner should forget his Saviour ! And yet, alas ! how prone are we to do it !

Glory be to thee, O gracious Jesu, who, to help our Memories, and to impress thy Love deep on our Souls, hast instituted the blessed Sacrament, and commanded us, Do this in Remembrance of me.

O Jesu, let the propitiatory Sacrifice of thy Death, which thou didst offer upon the Cross for the Sins of the whole World, and particularly for my Sins, be ever fresh in my Remembrance.

O blessed Saviour, let that mighty Salvation thy Love has wrought for us, never slip out of my Mind ; but especially, let my Remembrance of thee in the Holy Sacrament be always most lively and affecting.

O Jesu, if I love thee truly, I shall be sure to frequent thy Altar, that I may often remember all the wonderful Loves of my crucified Redeemer.

I know, O my Lord and my God, that a bare Remembrance of thee is not enough ; O do thou therefore fix in me such a Remembrance of thee, as is suitable to the infinite Love I am to remember : Work in me all those holy and heavenly

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heavenly Affections, which become the Remembrance of a crucified Saviour.

Glory be to thee, O adorable ^{Parts outward.} Jesus, who under the *outward* and *visible* Part, the *Bread and Wine*, Things obvious and easily prepared, both which *thou hast commanded to be received*, dost communicate to our Souls the Mystery of Divine Love, the *inward and invisible Grace*, thy own most blessed *Body and Blood*, which are verily and indeed taken and received by the Faithful in thy Supper; for which all Love, all Glory, be to thee.

O God incarnate, how the ^{Invisible.} Bread and the Wine, unchanged in their Substance, become thy Body and thy Blood; after what extraordinary Manner thou, who art in Heaven, art present throughout the whole Sacramental Action, to every devout Receiver; *How thou canst give us thy Flesh to eat, and thy Blood to drink; how thy Flesh is Meat indeed, and thy Blood is Drink indeed; how he that eateth thy Flesh, and drinketh thy Blood, dwelleth in thee, and thou in him; how he shall live by thee, and be raised up by thee to Life eternal* (John vi. 54.); I can by no means comprehend; but I firmly believe all thou hast said, and I firmly rely on thy omnipotent Love, to make good thy Word; for which all Love, all Glory, be to thee.

I believe, O crucified Lord, ^{Real Presence.} that *the Bread which we break* in the Celebration of the holy Mysteries, *is the Communication of thy Body* (1 Cor. x. 16.) and
the

the *Cup of Blessing* which we bless, is the Communication of thy Blood ; and that thou dost as effectually and really convey thy Body and Blood to our Souls by the Bread and Wine, as thou didst thy Holy Spirit, (*John* xx. 22.) by thy Breath to thy Disciples ; for which all Love, all Glory, be to thee.

Lord, what need I labour in vain, to search out the Manner of thy mysterious Presence in the Sacrament, when my Love assures me thou art there ? All the Faithful who approach thee with prepared Hearts, they well know thou art there ; they feel the Virtue of Divine Love going out of thee, to heal their Infirmities, and to inflame their Affections ; for which all Love, all Glory, be to thee.

O Holy Jesu, when at thy Altar I see the *Bread* broken, and the *Wine* poured out, O teach me to discern thy Body there (*1 Cor.* xi. 29.) : O let those sacred and significant Actions create in me a most lively *Remembrance* of thy Sufferings, how thy most blessed Body was scourged, and wounded, and bruised, and tormented ; how thy most precious Blood was shed for my Sins ; and set all my Powers on work, to love thee, and to celebrate thy Love in thus dying for me.

Both Kinds. Glory be to thee, O Jesu, who didst institute the holy Eucharist in both Kinds, and hast commanded both to be received, (*Mat.* xxvj. 26, 27. *John* vi. 53.) both the Bread and the Wine, both thy Body broken, and thy Blood shed : Thy Love, O Lord, has given me both, and both are equally
fig-

the CHURCH-CATECHISM. 117

significant and productive of thy Love: I do as much thirst after the one, as I hunger after the other; I equally want both; and it would be grievous to my Love to be deprived of either.

Ah Lord! who is there that truly loves thee, when thou givest him two distinct Pledges of thy Love, can be content with one only? What Lover can endure to have one half of thy Love withheld from him? and therefore all Love, all Glory, be to thee, for giving both.

O my Lord, and my God, do thou so dispose my Heart, to be ^{Benefits.} thy Guest at thy holy Table, that I may feel all the sweet Influences of Love crucified, *the strengthening and refreshing of my Soul, as our Bodies are by the Bread and Wine*; for which I will ever adore and love thee.

O merciful Jesu, let that immortal Food, which in the holy Eucharist thou vouchsafest me, instil into my weak and languishing Soul, new Supplies of Grace, new Life, new Love, Vigour, and new Resolution, that I may never more faint, or droop, or tire, in my Duty.

O crucified Love, raise in me fresh Ardours of Love and Consolation, that it may be henceforth the greatest Torment I can endure, ever to offend thee, that it may be my greatest Delight to please thee.

O amiable Jesu, when I devoutly receive the outward Elements, as sure as I receive them, I receive thee, I receive the Pledges of thy Love, to quicken mine: O indulge me, though but for a Moment, one beatifick Foretaste of the Delicousness

cioufness of thy Love, that in the Strength of that Delicoufness I may perseveringly love thee.

Preparation. Glory be to thee, my Lord, and my God, who hast now given me an Invitation to thy heavenly Feast (*Mat. xi. 28. Luke xiv. 17.*): All Love, all Glory, be to thee.

Lord, give me Grace, that I may approach thy awful Myftery, with penitential Preparation, and with a Heart fully difpofed to love thee.

Examination. O my God, my Judge, give me Grace, I moft humbly befeech thee, to *examine* (1 Cor. xi. 28.) my whole Life paff, by the Rule of thy Commandments, before I presume to eat of that Bread, and drink of that Cup; give me Grace fadly to reflect on, and deplore all my Provocations, left, coming to the holy Eucharift impenitent and unprepared, I receive *unworthily, and eat and drink my own Damnation.*

O thou great Searcher of Hearts, thou knoweft all that Load of Impiety and Guilt under which I lie: O help me fo impartially to judge and condemn myfelf, fo humbly to repent and beg Pardon, that I may not be condemned at thy Tribunal, when I fhall appear there at the laft Day, that I may be fet at thy Right-hand amongft thy Lovers.

Lord, give me Grace to fearch every Secret of my Heart, to leave no Sin, if poffible, unrepented of; fill my Eyes full of Tears of Love, that with thofe Tears I may lament all the Indignities I have offered thy Love.

But,

the CHURCH-CATECHISM. 119

But, alas, alas! after the most strict Examination we can make, who can number his Impieties, *who can tell how oft he offendeth* (Psal. xix. 12.)? Lord, therefore, cleanse me from my secret Faults, which in general I renounce and bewail.

O my God, thou who alone *Repentance.*
changeest the Heart, O be thou
pleased to change mine, change my Aversion to thee, into an entire Love of thee. O give me a filial *Repentance*, that with a broken and contrite Heart I may grieve, and mourn, and *repent*, for all my former Sins, and may for ever forsake them, and return to my Obedience.

Let thy Love, O my God, *Amendment.*
so perfectly exhaust my Soul,
that I may for the future *stedfastly purpose to lead a new Life*, that I may renew my baptismal Vow, that I may hereafter live as a sworn Votary to thy Love.

O heavenly Father, settle in *Faith.*
my Soul a *lively Faith in thy*
Mercy through Christ, a steady Belief of all thy Love to Sinners, and an affectionate Reliance on the Merits and Mediation of thy crucified Son, of my being *accepted in the Beloved*, (Eph. i. 6.) for whom I will ever adore and love thee.

O my crucified God, thou *Thanksgiving.*
sovereign Inflammative of Love
let the *Remembrance of thy Death* set all the Powers of my Soul on work, that I may desire and pant after thee (Psal. xlii. 1, 2. lxiii. 1.), that I may admire and adore thee; that I may take heavenly Delight in thy gracious Presence;
that

that with Praise and Thanksgiving, with Jubilation and Triumph, I may receive thee into my Heart ; there I will have Love, only Love, always Love, to entertain thee.

Charity. Lord, when I present myself, and my Love, as all the Gift I have to offer at thy Altar, next to my Love to thee, and for the sake of thy infinite Love to me, which I there remember, give me Grace to love my Neighbour, *and to be in Charity with all Men, and to walk in Love, (Eph. v. 2.) as thou hast loved us, and hast given thyself for us, an Offering and a Sacrifice to God, for a sweet-smelling Savour ; for which all Love, all Glory, be to thee.*

In forgiving. O most reconcileable Jesu, in this Memorial of thy Sufferings I see how thou didst forgive me, and didst love me when I was thy Enemy : O for thy dearest Love to me, give me Love to forgive all my Enemies, (*Mat vi. 14, 15.*) and to be at Peace with the World, as I desire to be loved and forgiven, and to be at Peace with thee.

All that have any way injured me, O my God, I freely forgive, for thy sake ; O do thou also forgive them : Incline them to brotherly Charity, and let them at last feel the Comfort of that Reconciliation thou didst make upon the Cross ; for which I will ever adore and love thee.

Restoring. O my God, if I have wronged or injured my Neighbour, O give me Grace to beg his Pardon, and, as I have Opportunity, to make him Satisfaction and Restitution, according to my Power.

O crucified

O crucified Love, whenever I
 see thee in any of thy poor Mem- ^{Giving.}
 bers, hungry, or naked, or in Distress, (Mat.
 xxv. 35.) O let the Remembrance of thy Love,
 in dying for me, engage me to contribute all
 I can to thy Relief; O may I ever be liberal in
 my Alms to thee, who wert so liberal of thy in-
 estimable Blood for me!

*It is very adviseable, that Persons, before they
 Communicate, should read over the whole Communi-
 on-office, or at least the Exhortations there, which
 they will find to contain very proper, and plain, and
 excellent Instructions.*

*It were much to be wished, that People would
 make more Use of their Common-Prayer-Books than
 they do, and apply the Prayers they meet with
 there to their own particular Conditions; for the
 Book is always at hand, and the Prayers are
 most safe, and familiar, and devout; and the more
 they affect us in our Closet, the more they will
 affect us in the Congregation; and well-meaning
 Souls will reap great spiritual Advantage from
 this Practice.*

*For Example; An humble poor Christian, who,
 it may be, has no other Book but his Common-
 Prayer-Book, and who intends to come to the
 Holy Communion, may learn to turn the Commu-
 nion-office to his own private Use, after this man-
 ner.*

Almighty God, unto whom Prayer for the
 all Hearts be open, all Desires Holy Spirit.
 known, and from whom no Secrets are hid,
 G cleanse

cleanse the Thoughts of my Heart by the Inspiration of thy Holy Spirit, that I may perfectly love thee, and worthily magnify thy holy Name, through Christ our Lord. *Amen.*

Thanksgiving
for our Redemp-
tion.

I give most humble and hearty Thanks to thee, O God the Father, the Son, and the Holy Ghost, for the Redemption of the World by the Death and Passion of our Saviour Christ, both God and Man, who did humble himself even to the Death upon the Cross for us miserable Sinners, who lay in Darkness and the Shadow of Death, that he might make us the Children of God, and exalt us to everlasting Life.

Glory be to thee, O Jesus, our Master and only Saviour, who to the end that we should always remember thy exceeding great Love in thus dying for us, and the innumerable Benefits which by thy precious Blood-shedding thou hast obtained to us, hast instituted and ordained holy Mysteries as Pledges of thy Love, and for a continual Remembrance of thy Death to our great endless Comfort.

To thee, therefore, O blessed Saviour, with the Father, and the Holy Ghost, I will give (as I am most bounden) continual Thanks: I submit myself wholly to thy holy Will and Pleasure, and will study to serve thee in true Holiness, and Righteousness, all the Days of my Life.

Confession.

Almighty God, Father of our Lord Jesus Christ, Maker of all Things, Judge of all Men, I acknowledge and bewail my manifold Sins, &c.

the CHURCH-CATECHISM. 123

I lift up my Heart unto thee, Praise.
O Lord; I give Thanks unto thee, O Lord our God; it is meet and right so to do; it is very meet, right, and my bounden Duty, that I should at all Times, and in all Places, give Thanks unto thee, O Lord, Holy Father Almighty, everlasting God.

But chiefly am I bound to praise thee for giving thy only Son Jesus to die for my Sins, and to rise again for my Justification.

Therefore, with Angels and Arch-angels, and with all the Company of Heaven, I laud and magnify, &c.

I do not not presume to come Prayers for our to thy Table, O merciful Lord, Communicating trusting in my own Righteous- worthily. nefs, &c.

Glory be to God on high, and on Earth Peace, Good-will to- Praise. wards Men: I praise thee, &c.

To these, as you see Occasion, you may add many very good Prayers, short and plain, and pertinent to your Purpose, which you may collect out of the Common-Prayer, and which will much further your Devotion, such as these.

O Lord, who never failest to help and govern them whom ^{For Fear and Love.} thou dost bring up in thy stedfast Fear and Love; keep me, I beseech thee, under the Protection of thy good Providence, and make me to have a perpetual Fear and Love of thy Holy Name, through Jesus Christ our Lord. Amen.

For Love. O God, who hast prepared for them that love thee, such good Things as pass Man's Understanding, pour into my Heart such Love toward thee, that I, loving thee above all Things, may obtain thy Promises, which exceed all that I can desire, through Jesus Christ our Lord. *Amen.*

Lord of all Power and Might, who art the Author and Giver of all good Things, graft in my Heart the Love of thy Name, increase in me true Religion, nourish me with all Goodness, and of thy great Mercy keep me in the same, through Jesus Christ our Lord. *Amen.*

For Charity. O Lord, who hast taught me, that all my Doings without Charity are nothing worth, send thy Holy Ghost, and pour into my Heart that most excellent Gift of Charity, the very Bond of Peace, and of all Virtues, without which, whosoever liveth, is counted dead before thee. Grant this for thy only Son Jesus Christ's sake. *Amen.*

For Imitation of Christ. Almighty God, who hast given thy only Son to be unto us both a Sacrifice for Sin, and also an Example of godly Life; give me Grace, that I may always most thankfully receive that his inestimable Benefit, and also daily endeavour myself to follow the blessed Steps of his most holy Life, through the same Jesus Christ our Lord. *Amen.*

They that are ignorant, or that cannot read, should go to their Parish Priest, or to some other discreet and learned Minister of God's Word,
and

the CHURCH-CATECHISM. 125

and desire him to teach them their Duty in private; and they that thus sincerely seek the Law at the Priest's Mouth, shall find that the Priest's Lips do preserve Knowledge, and shall not go away without a Blessing.

To God the Father, who first loved us, and made us accepted in the Beloved; to God the Son, who loved us, and washed us from our Sins in his own Blood; to God the Holy Ghost, who sheds the Love of God abroad in our Hearts; be all Love, and all Glory, for Time, and for Eternity. *Amen.*

DIRECTIONS for PRAYER,

For the DIOCESE of

BATH and *WELLS*.

To the poor INHABITANTS within
the Diocese of *Bath* and *Wells*,
THOMAS, their unworthy Bishop,
willeth the Knowledge and the
Love of God.

Dearly Beloved in our Lord,

THE Catechism truly teaches all *Christi-*
ans, that they are *not able of themselves*
to do those Things they have vowed in
their Baptism to do, namely, *To walk in the*
Commandments of God, and to serve him without
his special Grace, or favourable Assistance; and
this *they are to learn at all Times to call upon God*
for, by diligent Prayer.

How good and seasonable this Advice is, you
will all see, if you consider what helpless and
needy Creatures the very best of Men are.
Alas! our Weakness is very great, our Wants
are

Directions for Prayer, &c. 127

are very many, our Dependence on God for all Things, all our Lives long, is intire, and absolute, and necessary, and there is no Way in the World to gain Help and Supplies from God, but by Prayer ; so that it is as easy and as possible to preserve a natural Life without daily Bread, as a *Christian* Life without daily Prayer.

It was for this Reason that our Saviour himself took a particular Care to teach *his Disciples* to pray (Luke xi. 1.) ; and it is for the same Reason, and in Imitation of our heavenly Master, that I have joined these Directions for Prayer to the Catechism.

Sure I am, the Zeal I ought to have for your Salvation, can suggest to me nothing more conducing to the Good of your Souls, than to exhort and beseech you all, of either Sex, to learn how to pray.

This is the first general Request I shall make to you ; and I am the more earnest in it, because my own sad Experience has taught me, how strangely ignorant common People usually are of this Duty ; insomuch that some never pray at all, pretending they were never taught, or that their Memories are bad, or that they are not Book learned, or that they want Money to buy a Book ; and by this Means, they live and die rather like Beasts than Men ; nay, their Condition is much worse than that of Beasts ; for the Misery of a Beast doth end at Death, but the Misery of a wicked Man, does then begin, and will endure to all Eternity.

To prevent then, as much as lies in me, the Damnation of those Souls which God has com-

128 *Directions for Prayer, taken*

mitted to my Care, and to cure that lamentable Ignorance and Forgetfulness of God, which is the Cause of the Damnation of so very many. I do not only incessantly pray for you myself, but I beg of you all to pray for yourselves, and I beseech you to read the following Instructions ; or if you cannot read yourselves, to get some honest charitable Neighbours to read them often to you, that you may remember them ; and God of his great Mercy reward the Charity of such Neighbours.

If any of you, either by your own Negligence, or by the Negligence of your Parents, or for want of Catechizing in your Parish, are wholly ignorant of your Duty ; though it be a most shameful and dangerous thing for one who calls himself a Christian, to know nothing of Christ or Christianity ; yet, if you are willing to learn, and beg Pardon of God for your wilful Ignorance hitherto, and will sincerely do your Endeavour to get saving Knowledge, and heartily pray to God to assist you, you shall find, that the very *Entrance of God's Word giveth Light, that it giveth Understanding unto the Simple*, Psal. cxix. 130.

I must warn you before-hand, that corrupt Nature will be very busy in hindering the learning of your Duty, and Thoughts will arise in your Mind, that the Task will be too hard and too tedious for you to undertake ; but I faithfully promise you, to impose no hard or tedious Task on you, but such as you yourselves shall confess to be very complying with your Infirmities ; for our most compassionate Saviour teaches
me

me to say no more to you, than *you can bear*,
John xvi. 12.

All I shall exhort you to, is to learn your Catechism, which you may do by Degrees: If you learn but a Line or two in a Day, you will, by God's Blessing, in a very short time, learn it, all over; and you will rejoice, and thank God, for the sudden and happy Progress you have made.

God forbid you should ever think yourselves too old to learn to serve God, and to be saved, both which are taught in the Catechism, and therefore the Catechism is of Necessity to be learned; for how can you go to Heaven, if you never learned the Way thither? How can you be saved, if you do not know your Saviour?

'Tis a great Error to think, that the Catechism was made for Children only; for all *Christians* are equally concerned in those saving Truths which are there taught; and the Doctrine delivered in the Catechism is as proper for the Study, and as necessary for the Salvation, of a great Doctor, as of a weak *Christian*, or a young Child.

But you will be the more encouraged to learn your Catechism, when you see how excellent a Help it will be to Prayer; for it will at the same time further your Knowledge, and your Devotion, both together; and the Prayers I intend to commend to you, are chiefly the very Answers in the Catechism, which being daily repeated, will be the better fixed in your Memory; and you cannot imagine any Advice for Prayer can be more easy and familiar, than that which

130 *Directions for Prayer, taken*

directs you to turn your very Catechism into Prayers.

You are by this Time, I hope, satisfied, that the Duty to which I exhort you, is no hard Task ; and yet I will endeavour, by God's Assistance, to make it more easy, by putting you into an easy Method to attain it.

If you are wholly ignorant of your Catechism, let it be your first Care to learn such Ejaculations, such short Prayers, as these, and say them often, and heartily.

Lord, have Mercy upon me.

Christ, have Mercy upon me.

Lord, have Mercy upon me.

Lord, pardon all my wilful Ignorance, and gross Carelessness of my Duty, for the sake of Jesus my Saviour. Amen.

O my God, assist me in the learning of my Duty.

Lord, help me to know, and to love thee.

Lord, pity me ; Lord, save me ; Father, forgive me.

Glory be to thee, O Lord, who hast hitherto spared me.

O that I might at last learn to glorify, and love, and serve thee !

Such short Prayers as these, you may easily get by Heart ; and the Method in which I advise you to proceed, is that in which Children are commonly taught, in regard I am now to look on you as a Child ; for there are two Sorts of Children ; there are Children in Age, and Children in Understanding (1 Cor. xiv. 20.) ;
and

and in this latter respect you are Children, and the same Method for the most part is proper for you, which is proper for those that are Children in Age.

I must therefore feed you with *Milk*, before you can be capable of *strong Meat* (Heb. v. 13.); and I must look on you as *Lambs* of my Flock, which I am to use tenderly : And these following Directions, which I give to Parents, for the training up their Children in Piety, I do equally design for the training up of you. God, of his infinite Goodness, bless them to you both !

I exhort all you who are Parents, to instil good Things into your Children as soon as ever they begin to speak ; let the first Words they utter, if it be possible, be these, *Glory be to God* : Accustom them to repeat these Words on their Knees, as soon as they rise, and when they go to Bed, and oft-times in the Day ; and let them not eat or drink, without saying, *Glory be to God*.

As their Speech grows more plain and easy to them, teach them, who made, and redeemed, and sanctified them, and for what End, namely, to glorify and to love God ; and withal, teach them some of the shortest Ejaculations you can, such as these :

Lord, help me ; Lord, save me.

Lord, have Mercy upon me.

All Love, all Glory, be to God, who first loved me.

Lord, keep me in thy Love.

132 *Directions for Prayer, taken*

Within a little time you may teach them the Lord's Prayer, and hear them say it every Day, Morning and Evening, on their Knees, with some one or more of the foregoing Ejaculations ; and by Degrees, as they grow up, they will learn the Creed, and the whole Catechism.

Be sure to teach your Children with all the Sweetness and Gentleness you can, lest if you should be severe, or should over-task them, Religion should seem to them rather a Burden than a Blessing.

As their Knowledge increases, so let their Prayers increase also, and teach them, as they go, to turn their Catechism into Prayers, after the manner which I shall shew you ; and to confirm and improve their Knowledge, bring them duly to the Church to be catechized by the Parish Priest, that by his familiar and devout Explications of the Catechism, they may learn to understand it, and may be capable of reading the Exposition on it, and other Books of Piety.

Take conscientious Care to season your Children, as early as you can, with the Love of God, which is *the first and great Command*, (Mat. xxii. 38.) and with *the Fear of God, which is the Beginning of Wisdom* (Psal. cxi. 10) ; for the awful Love, and the filial Fear of God, must always go together.

The same Method you observe in teaching your Children, the same you may observe in teaching your Servants, according as you see they want Teaching ; and you yourselves will reap the Benefit of it, as well as your Servants ; for the more devout Servants they are of God,
the

the more faithful Servants will they be to you.

Remember, you must teach both your Children and Servants by your Example as well as by your Instruction; for they learn best by Example: And if they see you give an Example of Fraud or Lying, of Revenge or Calumny, of Uncleanneſs or Drunkenneſs, of Curſing and Swearing, and Irreligion; inſtead of teaching them to obey God, you teach them to provoke him; inſtead of teaching them to honour God, you teach them to blaſpheme him; inſtead of leading them the Way to Heaven, you lead them the Way to Hell; and you will increaſe your own Damnation, by furthering theirs, which God forbid you ſhould ever do!

Now, that you may the better give a good Example to your Family, I will (by God's Help) give you a Method of daily Devotion, taken for the moſt Part out of the Catechiſm, which will be ſuitable to all *Chriſtians*, be they never ſo well inſtructed, and which you may by little and little teach your Children; and which thoſe who have been bred up in Ignorance, and are Children in Underſtanding, and yet willing to be taught, may learn to ſay alſo, as the Capacities of either do increaſe; for a *Chriſtian* muſt never ſtand at a Stay, but muſt be always *growing in Grace, and in the Knowledge of our Lord and Saviour Jeſus Chriſt* (2 Pet. iii. 18.)

134 *Directions for Prayer, taken*

A Method of daily Prayer.

As soon as ever you awake, offer up your first Thoughts and Words to God, saying,

Glory be to the Father, and to the Son, and to the Holy Ghost, Three Persons and One God, blessed for evermore: All Love, all Praise, be to thee.

As you are rising, say,

I laid me down and slept, and rose up again, for the Lord sustained me: All Love, all Glory, be to God, Psal. iii. 5.

As soon as you are dressed, kneel down, as our Saviour himself *kneeled* (Luke xxii. 41.) at his Prayers, and remember you are in God's Presence, and say your Prayers with Reverence and Devotion.

Morning Prayer.

Glory be to thee, O Lord God, for my Preservation and Refreshment, and for all the Blessings of the Night past; for which all Love, all Praise, be to thee.

Father, forgive me all the Evil of the Night past, for the Merits of Jesus Christ my Saviour. Amen.

O merciful God, keep and protect, and bless me this Day, and prosper me in my Calling, and preserve me from Sin and Danger, for the Merit of Jesus my Saviour. Amen.

I believe

out of the Church-Catechism. 135

I believe in God the Father Almighty, &c.

All Love, all Glory, be to thee, O God the Father, who hast made me and all the World.

All Love, all Glory, be to thee, O God the Son, who hast redeemed me and all Mankind.

All Love, all Glory, be to thee, O God the Holy Ghost, who dost sanctify me, and all the elect People of God.

All Love, all Glory, be to thee, O Father of Mercy, who in my Baptism didst make me a Member of Christ, thy own Child, and an Inheritor of the Kingdom of Heaven.

O my God, I do this Day dedicate myself to thy Service, and do renew the Promise and Vow of my Baptism.

I do from my Heart renounce the Devil and all his Works, the Poms and Vanity of this wicked World, and all the sinful Lusts of the Flesh ; from all which, good Lord, deliver me.

I believe all the Articles of the Christian Faith, and I will keep thy holy Will and Commandments, and walk in the same all the Days of my Life.

All this, O Lord, I am bound to believe and do, and by thy Help so I will ; and I heartily thank thee, O heavenly Father, who hast called me to this State of Salvation, through Jesus Christ my Saviour ; and I pray unto thee to give me thy Grace, that I may continue in the same unto my Life's End.

Lord, hear me, help me, pardon my Failings, supply all my Wants, and the Wants of all faithful People, which I sum up in the Words of thy own beloved Son :

136 *Directions for Prayer, taken*

Our Father, which art in Heaven, &c.

After the like manner you may pray at Night.

Evening Prayer.

Glory be to thee, O Lord, for my Preservation, and for all the Blessings of the Day past; for which all Love, all Praise, be to thee.

Father, forgive me all the Sins I have this Day committed, either in Thought, or Word, or Deed, either against thee, or against my Neighbour, for the sake of Jesus my Saviour. Amen, Amen.

It grieves me, O merciful God, that I should daily offend thee: But I repent. O pity and pardon me, for the sake of Jesus thy Beloved. Amen, Amen.

O my God, keep and protect, and bless me this Night, and preserve me from Sin and Danger, for the sake of Jesus. Amen, Amen.

Lord, refresh me this Night with seasonable Sleep, that I may rise the next Morning more fit and able to serve thee in my Calling, for the sake of Jesus thy Beloved. Amen, Amen.

I believe in God the Father, &c.

All Love, all Glory be to thee, our God the Father, who, &c. as in the Morning.

I desire thee, O Lord God, O heavenly Father, who art the Giver of all Goodness, to send thy Grace unto me, and to my Wife and Children, to my Husband and Children, Father and Mother, Brethren and Sisters, Kindred and Friends, Master and Mistress, [you must name these Relations, according as you stand related]
and

out of the Church Catechism. 137

and to all People, that we may worship thee, serve thee, and obey thee, as we ought to do: And I pray unto thee, that thou wouldst send us all Things that be needful, both for our Souls and Bodies, and that thou wilt be merciful unto us, and forgive us our Sins; and that it will please thee to save and defend us in all Dangers, ghostly and bodily, and that thou wilt keep us from all Sin and Wickedness, and from our ghostly Enemy, and from everlasting Death: And this I trust thou wilt do of thy Mercy and Goodness, through our Lord Jesus Christ. Amen, Lord, so be it.

Lord, hear me, help me, pardon my Failings, supply all my Wants, and the Wants of all for whom I pray, which I sum up in the Words of thy own beloved Son:

Our Father, which art in Heaven, &c.

As you are going to Bed, say,

I will lay me down in Peace, and take my Rest; for it is thou, Lord, only, that makest me dwell in Safety, Psal. iv. 9.

As you began the Day, so end it with glorifying God; and when you are in Bed, say,

Glory be to the Father, and to the Son, and to the Holy Ghost, Three Persons and One God, blessed for evermore: All Praise, all Love, be to thee.

I earnestly beg of God, to make you sensible yourselves, and to give you Grace to make your
Children

138 *Directions for Prayer, taken*

Children and Servants sensible also, how necessary and happy, and heavenly a Duty Prayer is, and how many *exceeding great and precious Promises* God has made to them that devoutly pray to him; and if you are thus sensible, you will not content yourselves with Morning and Evening Prayer only, but you will be desirous, if you have Opportunity, to retire about Mid-day, for a few Minutes, that you may imitate the Devotion of holy *David*, and of *Daniel*, and pray *Three times a Day* (Dan. vi. 10.); and that you may not want a Help for Noon-tide Prayer, the Catechism shall supply you.

Prayer at Noon.

At Evening, and at Morning, and at Noon-day will I pray, and that instantly: Lord, hear my Voice, Psal. lv. 19.

Glory be to the Father, and to the Son, and to the Holy Ghost: As it was in the Beginning, is now, and ever shall be, World without End. Amen.

All Love, all Glory, be to thee, O God the Father, who hast first loved us, and hast given thy beloved Son to die for our Sins, and to rise again for our Justification.

Have Mercy upon me, O God, after thy great Goodness; according to the Multitude of thy Mercies do away mine Offences.

Wash me thoroughly from my Wickedness, and cleanse me from my Sin.

Make

out of the Church-Catechism. 139

Make me a clean Heart, O God, and renew a right Spirit within me, for the sake of Jesus thy Beloved. Amen.

O Lord God, who seest I am not able of myself to walk in thy Commandments, and to serve thee; be pleased to help and strengthen me by thy special Grace, that I may daily and sincerely perform my Duty towards thee, and my Duty towards my Neighbour, for the sake of Jesus my Saviour. Amen.

O my God, give me Grace to believe in thee, and to love thee with all my Heart, with all my Mind, with all my Soul, and with all my Strength; to worship thee, to give thee Thanks, to put my whole Trust in thee, to call upon thee, to honour thy Holy Name, and thy Word, and to serve thee truly all the Days of my Life, for the sake of Jesus thy Beloved. Amen.

O my God, give me Grace to love my Neighbour as myself, to do to all Men as I would they should do to me; to love, honour, and succour my Father and Mother, [this Clause must be left out, if your Father and Mother be dead] to honour and obey the King, and all that are put in Authority under him; to submit myself to all my Governors, Teachers, spiritual Pastors and Masters; to order myself lowly and reverently to all my Betters; to hurt nobody by Word or Deed; to be true and just in all my Dealing; to bear no Malice nor Hatred in my Heart; to keep my Hands from Picking and Stealing, and my Tongue from Evil-speaking, Lying and Slandering; to keep my Body in Temperance, Soberness, and Chastity, nor to covet or desire other Mens Goods,

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Goods, but to learn and labour truly to get mine own Living, and to do my Duty in that State of Life unto which it has pleased thee to call me, for the sake of Jesus thy Beloved. Amen.

Lord, hear me, help me, pardon my Failings, supply all my Wants, which I sum up in the Words of thy beloved Son :

Our Father, which art in Heaven, &c.

Instead of these two last Prayers, you may sometimes say the Ten Commandments, which you may turn into a very good Prayer, by saying after every one,

Lord, have Mercy upon me, and incline my Heart to keep this Law.

Where you not only beg Pardon for the Sins you have committed against each Commandment, but you also beg Grace to keep it.

At the End of them you may say,

Lord, have Mercy upon me, and write all these thy Laws in my Heart, I beseech thee.

And so conclude with the Lord's Prayer.

Do not think, that this Practice of Prayer will be too hard, or too long, for young Persons, or for labouring People ; for if you cannot say them all, say as much as you can ; or if you are at Day-labour, or have not Time or Convenience to say them, offer up to God two or three hearty Ejaculations in their Place ; but if you
can

can get Time and Convenience, say them all; and I dare assure you, that all the three Forms of Prayer, which I commend to you, will not in all take up a Quarter of an Hour; and certainly, that Person has very little Sense of his Duty, very little Concern for his immortal Soul, very little Honour for God, or Value for Heaven, who will not spend one Quarter of an Hour in the Space of four and twenty Hours, in the Service of God, and the Salvation of his own Soul.

I do by all Means exhort you to give your Servants a few Minutes Leisure at Noon, to pray after your Example, and to use your Children to do the same; for they will soon be able to say the Lord's Prayer, and two or three Ejaculations; and teach them to say these at Noon, as well as at Morning and at Night; and 'tis incredible to think how much Good this Practice will do them, and what great Comfort you yourselves will reap from the early Devotion of your Children.

To further this Devotion in your Children, instead of idle Tales and Songs, which pollute their Souls, and when they come to be serious, will take them great Pains to unlearn; you must teach them short Psalms by heart, which will exercise their Memories and Piety both together. As you teach the Psalms to your Children, I exhort you to learn them yourselves.

You cannot imagine the great Benefit of learning Psalms by heart; for when you are under any Temptation, or are in any Affliction, or when you lie waking in the Night, or when
sick,

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sick, these Psalms will come into your Mind; and the devout repeating them, will yield you most seasonable Consolations.

The very common People, in the first and purest Ages of the Church, were so sensible of the spiritual Advantages of learning Psalms, that they learned the whole Psalter by heart, and sung or said the Psalms in their Shops, and at the Plough, insomuch that St. *James* makes it the proper Expression of Christian Mirth, (*James* v. 13.) *If any Man be merry, let him sing Psalms.*

This is the Way to store your own and your Childrens Minds with Ejaculations, or short Prayers for all Occasions, which I advise both Old and Young to accustom themselves to, because it is the true Way of Praying without ceasing, and it is a Kind of Prayer more easy, and may be used at any Time of the Day, or in any Place, and is one of the most efficacious Means in the World, to keep us in God's Favour, which is of all things most desirable.

Ejaculations.

At going out, or coming in.

Lord, bless my going out and coming in, from this time forth for evermore, Psal. cxxi. 8.

At Meals.

Lord, grant, that whether I eat or drink, or whatever I do, I may do all to thy Glory,
1 Cor. x. 31.

At

At Work.

*Prosper thou the Works of my Hands, O Lord ;
O prosper thou my Handy-work, Psal. xc. 17.*

In the Shop or Market.

*Lord, give me Grace to use this World so as not
to abuse it, 1 Cor. vii. 31.*

*Lord, grant that I may never go beyond, or
defraud my Brother in any Matter ; for thou art
the Avenger of all such, 1 Thess. iv. 6.*

In Temptation or Danger.

*O God, make speed to save me : O Lord,
make haste to help me.*

At any Time of the Day.

*Where-ever I am, whatever I do, thou, Lord,
seest me : O keep me in thy Fear all the Day long,
Prov. xxiii. 17.*

*Lord, give me Grace to keep always a Consci-
ence void of Offence towards thee, and towards
Men, Acts xxiv. 16.*

*Lord, teach me so to number my Days, that I
may apply my Heart to Wisdom, Psal xix. 12.*

*O let my Mouth be filled with thy Praise, that
I may sing of thy Glory and Honour all the Day
long, Psal. lxxi. 7.*

*All Love, all Glory, be to thee, O God, who
didst first love me.*

*Unto him that loved us, and washed us from
our Sins in his own Blood, be Glory and Domi-
nion for ever and ever. Amen. Rev. i. 5.*

O blessed

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O blessed Spirit, shed abroad the Love of God in my Heart.

Praise the Lord, O my Soul, and all that is within me, praise his holy Name, Psal. ciii. 1.

Praise the Lord, O my Soul; while I live, will I praise the Lord; yea, as long as I have any Being, I will sing Praises unto my God, Psal. cxlvi. 1.

You that have Families, I do further exhort, that besides your private Prayers, you would offer up to God a Morning and Evening Sacrifice in your Families, and that every one of you would take up the holy Resolution of *Joshua*, *As for me, and my House, we will serve the Lord* (*Josh. xxiv. 15.*): And the Prayers I advise you to use, are taken out of the Common-Prayer, as being most familiar, and of greatest Authority withal.

If any of your Family are gone abroad to their Work before the rest can be ready, call that little Congregation about you that is at home; and you that are present, pray for those that are absent; and by this Means, those that are absent upon necessary Employments, will share in the Blessings for which you pray.

Morning Prayer for a Family.

Let the Words of our Mouths, and the Meditations of our Hearts, be always acceptable in thy Sight, O Lord, our Strength and our Redeemer.

© God,

out of the Church-Catechism. 145

O God, the Father of Heaven, have Mercy upon us miserable Sinners.

O God the Son, Redeemer of the World, have Mercy upon us miserable Sinners.

O God the Holy Ghost, proceeding from the Father and the Son, have Mercy upon us miserable Sinners.

O Holy, Blessed and Glorious Trinity, Three Persons and one God, have Mercy upon us miserable Sinners.

O Lord, we beseech thee, mercifully hear our Prayers, and spare all those who confess their Sins unto thee; that they, whose Consciences by Sin are accused, by thy merciful Pardon may be absolved, through Christ our Lord. Amen.

Almighty God, who seest that we have no Power of ourselves to help ourselves, we give thee humble Thanks for thy Preservation of us this Day past, [or this Night past] and for all the Blessings thou daily vouchsafest us; and we beseech thee to keep us both outwardly in our Bodies, and inwardly in our Souls, that we may be defended from all Adversities which may happen to the Body, and from all evil Thoughts which may assault and hurt the Soul, through Jesus Christ our Lord. Amen.

Almighty God, whose Kingdom is everlasting, and Power infinite, have Mercy upon the whole Church, and so rule the Heart of thy Servant George, our King and Governor, that he (knowing whose Minister he is) may above all Things seek thy Honour and Glory; and that we, and all his Subjects, (duly considering whose Authority he hath) may faithfully serve, honour,

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and

146 *Directions for Prayer, taken*

and humbly obey him, in thee, and for thee, according to thy blessed Word and Ordinance, through Jesus Christ our Lord, who liveth and reigneth ever one God, World without End. Amen.

Unto thy gracious Mercy and Protection, O Lord, do we commit ourselves this Day, [or this Night] and all our Relations and Friends : Lord, prosper us in our Callings : Lord, bless us and keep us : Lord, make thy Face to shine upon us, and be gracious unto us : Lord, lift up thy Countenance upon us, and give us Peace, both now and evermore, for the sake of Jesus thy Beloved, in whose own blessed Words, we sum up all our Wants :

Our Father, which art in Heaven, &c.

The same Form, changing but one Word, is proper for the Night as well as the Morning, to make Family Prayer the more easy to you.

That Prayer which I have set down, wherein you pray for the King, and pray for yourselves also, that you may be good Subjects, I exhort you never to omit, because you know, that the Country wherein you live, was the only Seat of the late Rebellion, and the Tares of Sedition have been industriously sown among you ; and you have the greater Reason to pray, that you may continue firm in your Allegiance ; besides, St. Paul teaches you, that *to pray for Kings, is good and acceptable in the Sight of God our Saviour*, 1 Tim. ii. 2, 3.

To your Family Prayers you may add, as you see Occasion, one of these following :

Almighty and everlasting God, give unto us the Increase of Faith, Hope, and Charity ; and that we may obtain that which thou dost promise, make us to love that which thou dost command, through Jesus Christ our Lord. Amen.

Lord, we beseech thee, grant thy People Grace to withstand the Temptations of the World, the Flesh and the Devil ; and with pure Hearts and Minds, to follow thee, the only God, through Jesus Christ our Lord. Amen.

Prevent us, O Lord, in all our Doings, with thy most gracious Favour, and further us with thy continual Help, that in all our Works, begun, continued, and ended in thee, we may glorify thy holy Name ; and finally, by thy Mercy obtain everlasting Life, through Jesus Christ our Lord. Amen.

These, and the like short Prayers, may be said alone in the Closet, as well as in the Family, by changing only the Number, and for (we) saying all along (I), and for (us) saying (me). As for Example, when you read any Part of the Holy Scripture, either alone, by yourselves, or with your Families, both which you should do daily if you have Leisure ; but if you have not, see that you do both on the Lord's Days, and on Holy-days ; and before Reading, say this Prayer :

Blessed

148 *Directions for Prayer, &c.*

Blessed Lord, who hast caused all Holy Scriptures to be written for our learning, grant, that we [I] may in such wise hear them, read, mark, learn, and inwardly digest them; that by Patience and Comfort of thy Holy Word, we [I] may embrace, and ever hold fast, the blessed Hope of everlasting Life, which thou hast given us in our Saviour Jesus Christ: Amen.

God of his infinite Mercy bless these Instructions to his Glory, and to the Furtherance of your Devotion, through Jesus the Beloved.
Amen. Amen.

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